

Kate Wolitzky-Taylor, Ph.D.
Curriculum Vita

University of California, Los Angeles
Department of Psychiatry and Biobehavioral Sciences
Integrated Substance Use and Addiction Programs
Semel Institute for Neuroscience and Human Behavior
760 Westwood Blvd.
Los Angeles, CA 90024
Email: kbtaylor@mednet.ucla.edu

PROFESSIONAL INFORMATION

Current position

July 2025-present	Professor-in-Residence University of California-Los Angeles Department of Psychiatry and Biobehavioral Sciences Semel Institute for Neuroscience and Human Behavior Integrated Substance Use and Addiction Programs David Geffen School of Medicine
Sept 2026-present	Joint Faculty Appointment with the Department of Psychology University of California – Los Angeles
June 2015-present	Associate Director University of California-Los Angeles Anxiety and Depression Research Center Department of Psychology
July 2024-present	Joanne and George Miller and Family Endowed Chair

Professional License

Dec 2010-present	Licensed Clinical Psychologist California License #: PSY 23995
------------------	---

<i>h-Index</i>	50
-----------------------	----

PREVIOUS PROFESSIONAL POSITIONS

July 2021-June 2025	Associate Professor-in-Residence Department of Psychiatry and Biobehavioral Sciences University of California , Los Angeles
July 2019-June 2021	Health Sciences Associate Clinical Professor Department of Psychiatry and Biobehavioral Sciences

University of California, Los Angeles

- July 2015–June 2019 Health Sciences Assistant Clinical Professor
Department of Psychiatry and Biobehavioral Sciences
University of California, Los Angeles
- Dec 2017-June 2020 Anxiety Disorder Section Chief/Staff Psychologist (Joint Appointment)
Greater Los Angeles Veterans Administration
- Nov 2012-July 2015 Assistant Professor
University of Southern California
Department of Psychiatry and Behavioral Sciences
- Aug 2012-Nov 2012 Research Psychologist
University of California-Los Angeles
Anxiety Disorders Research Center
Department of Psychology
- Aug 2009-Aug 2012 Postdoctoral Research Fellow
University of California-Los Angeles
Anxiety Disorders Research Center
Department of Psychology

EDUCATION

- Aug 2008-July 2009 Charleston Consortium Internship: Medical University of South
Carolina/Department of Veterans Affairs, Charleston, SC
Traumatic Stress Track
- Aug 2003-Aug 2009 University of Texas at Austin, Doctor of Philosophy (Ph.D.) in Clinical
Psychology (awarded Aug 2009)
- Awarded Dec 2005 University of Texas at Austin, Master of Arts (M.A.) in Psychology
- Aug 1998-May 2002 Emory University, Atlanta, GA, Bachelor of Arts (B.A.)
Major: Psychology; Minor: Art History (*summa cum laude*)
- Jan 2000-May 2000 Institute for Social and International Studies, Barcelona, Spain
- Aug 1994-May 1998 University High School, Tucson, AZ ; National Merit Commended
Scholar

GRANTS AND FELLOWSHIPS

Awarded

- May 2026-Apr 2029 Title: Harnessing Evidence-based Psychotherapies to Develop an Integrated Intervention Targeting Key Psychological Mechanisms of PTSD in Cardiac Patients
1R34HL180396-01A1
National Heart, Lung, and Blood Institute (NHLBI)
Role: Principal Investigator
- Apr 2026-Mar2029 Title: Developing and Evaluating a Digital Therapy for Comorbid Anxiety Disorders and Alcohol/Cannabis Use Disorders
1R34DA064618-01
National Institute on Drug Abuse (NIDA)
Role: Principal Investigator
- Apr 2023-Jan 2026 Title: Developing and Evaluating a Positive Valence Treatment for Alcohol Use Disorder with Anxiety or Depression
R34AA030688
National Institute on Alcohol Abuse and Alcoholism (NIAAA)
Role: Subaward PI/co-Investigator
- Sept 2022-Aug 2025 Title: Augmenting the Efficacy of Benzodiazepine Taper with Telehealth-Delivered Cognitive Behavioral Therapy for Anxiety Disorders in Patients Using Prescription Opioids
1 R21DA053394-01A1
National Institute on Drug Abuse (NIDA)
Role: Principal Investigator
- April 2022-Mar 2027 Title: Screening, Tracking, and Treatment of Anxiety and Depression (STAND) for Community College Students
National Institute of Mental Health (NIMH) ALACRITY Center
P50MH126337
Role: Principal Investigator (MPI)/Center Co-Director
- April 2022-Mar 2027 Title: Initial Triaging and Adapting Level of Care in STAND
NIMH ALACRITY Center Signature Project
P50MH126337
Role: Principal Investigator (MPI)
- April 2022-Mar 2027 Title: Optimizing Coaching in Digital Therapy in STAND
NIMH ALACRITY Center Exploratory Project 2
P50MH126337
Role: Project Lead
- April 2022-Mar 2027 Title: Optimizing Suicide Risk Management in STAND
NIMH ALACRITY Center Exploratory Project 3
P50MH126337
Role: Project Co-Investigator

- Nov 2019-Oct 2024 Title: Identifying early intervention targets for reducing cardiovascular risk in posttraumatic stress (PI: Sumner)
R01 HL139614A1
National Heart, Lung, and Blood Institute (NHLBI)
Role: Co-Investigator
- Oct 2019-present Title: Greater Southern California Node of Clinical Trials Network (MPIs: Hser/Mooney)
1UG1DA049435
Project Role: Co-Investigator
- Jul 2020-present Title: An Approach-Avoidance, Computational Framework for Predicting Behavioral Therapy Outcome in Anxiety and Depression
National Institute of Mental Health (NIMH) (PI: Aupperle)
R01 MH123691-01
Role: Consultant
- Aug 2017-July 2021 Title: Centers of Biomedical Research Excellence (COBRE) Award Neuroscience-based Mental Health Assessment and Prediction
National Institute of General Medical Sciences (NIMGS) (PI: Aupperle)
P20 GM121312
Role: Consultant
- July 2017-2021 Title: Targeting Maladaptive Responding to Negative Affect in Adolescent Cannabis Users
R34 DA044350-01
National Institute on Drug Abuse (NIDA)
Role: Principal Investigator
- May 2017-Apr 2021 Title: Developing and Evaluating a Fully Integrated Treatment Program for Comorbid Social Anxiety and Alcohol Use Disorders
R34AA025364-01
National Institute on Alcohol Abuse and Alcoholism (NIAAA)
Role: Principal Investigator
- June 2020-Apr 2021 Title: Administrative Supplement to Developing and Evaluating a Fully Integrated Treatment Program for Comorbid Social Anxiety and Alcohol Use Disorders
R34AA025364-S1
National Institute on Alcohol Abuse and Alcoholism (NIAAA)
Role: Principal Investigator
- Apr 2016-Mar 2021 Title: Approach-Avoidance Conflict – a Multi-level Predictor for Exposure Therapy Response
National Institute of Mental Health (NIMH) (PI: Aupperle)

K23 MH 108707

Role: Consultant/Subaward PI

Apr 2016–Mar 2017 UCLA Behavioral Health Center of Excellence and Clinical and Translational Science Institute, Rapid Research Advances for Progress in Disparities (RRAPID) Mental Health Award; UL1TR000124
Intramural Award Title: Engaging Stakeholders to Identify Barriers to Delivering Evidence Based Treatment for Anxiety Disorders in Community Mental Health
National Center for Advancing Translational Science (NCATS)
Role: Intramural PI

Aug 2012–2017 Mentored Career Development Award in Patient-Oriented Research (K23); 1K23DA031677-01A1. Adaptation of CALM for Comorbid Anxiety and Substance Use Disorders.
National Institute of Drug Abuse (NIDA)
Role: Principal Investigator

Aug 2005 and 2008 John Wallace Dallenbach Fellowship in Psychology
University of Texas at Austin

Aug 2008–July 2009 Ruth L. Kirschstein National Research Service Award (NRSA) Institutional Predoctoral Training Program (T32); MH018869
National Institute of Mental Health (NIMH)
Role: Principal Investigator

Sept 2005–Sept 2008 Ruth L. Kirschstein National Research Service Award (NRSA) Individual Predoctoral Fellowship (F31); MH076706. Self-administered treatments for Pathological Worry.
National Institutes of Mental Health (NIMH)
Role: Principal Investigator

Apr 2004–Aug 2004 Stanley Scholar Predoctoral Fellowship
Medical University of South Carolina

HONORS AND AWARDS

July 2024 Joanne and George Miller and Family Endowed Chair
Brain Research Institute, University of California – Los Angeles

June 2022 Sobell Innovative Addictions Research Award
Association for Behavioral and Cognitive Therapies

June 2015 Program Appreciation Award
Psychiatry Residency Program

	University of Southern California, Department of Psychiatry and the Behavioral Sciences
May 2011	Chancellor's Award for Postdoctoral Research University of California-Los Angeles, University-wide award
Apr 2009	Lee Willerman Excellence in Research Award University of Texas at Austin, Department of Psychology
Nov 2006	2 nd year clinical case presentation selected to be presented as part of a symposium talk on empirically-based clinical training programs at the Annual Conference for the Association of Behavioral and Cognitive Therapies (ABCT) in Chicago, IL
2004	Wechsler Travel Award, University of Texas at Austin
2002	Graduated <i>summa cum laude</i> in psychology, Emory University
2001-2002	Emory University Psychology Honors Student
spring 2000, fall 2000 and 2001	Emory College Deans List
2000-2002	Psi Chi National Psychology Honors Society
1996	National Merit Commended Scholar

PROFESSIONAL AFFILIATIONS

Professional Organizations and Scholarly Societies

American Psychological Association (APA), 2003-2016; 2020-2024
 Association of Behavioral and Cognitive Therapy (ABCT), 2003-present; Editor of ABCT Journal, *the Behavior Therapist*, 2017-2019 term
 Anxiety Disorders Association of America (ADAA), 2003-2015
 Society of Clinical Psychology, American Psychological Association, Division 12, 2006-present
 Society for a Science of Clinical Psychology (SSCP), American Psychological Association, Division 12, Section 3, 2012-present; Elected Member-at-Large, Jan 2018-Dec 2019 term
 Association for Psychological Science (APS), 2013-2022
 Society for Implementation Research Collaborative (SIRC), 2013-2015
 Society for Addiction Psychology, American Psychological Association, Division 50, 2015-present
 Coalition for the Advancement and Application of Psychological Science (2018-2020 SSCP representative to CAAPS; 2021-2024 Chair-Elect, Chair, and Past Chair 3 year term)

Current UCLA Program and Division Affiliations and Activities

Integrated Substance Use and Addiction Programs, Principal Investigator (research) and Psychology Practicum Director (clinical research supervision)
 Adult Division of Psychiatry, Clinical Psychologist in Faculty Practice (patient care)
 Anxiety and Depression Research Center, Associate Director (clinical supervision; research mentorship)
 Depression Grand Challenge, UCLA/LACDMH Telemental Health Hub STAND Partnership Clinic, Clinical Supervisor and Practicum Track Director (administrative; clinical supervisor of doctoral student trainees)
 Depression Grand Challenge, Multiple Principal Investigator/Center Co-Director for the STAND ALACRITY Center (NIMH-funded P50; research)

PEER REVIEWED JOURNAL ARTICLES

1. Monnier, J., Brawman-Mintzer, O., **Wolitzky, K.B.**, Labatte, L. (2004). Pharmacotherapy for generalized anxiety disorder. *International Drug Therapy Newsletter*, 39, 89-96.
2. Brawman-Mintzer, O., Monnier, J., **Wolitzky, K.**, Falsetti, S. (2005). Patients with generalized anxiety disorder and a history of trauma: Somatic symptom endorsement. *Journal of Psychiatric Practice*, 11, 212-215.
3. **Wolitzky, K.B.**, Fivush, R., Zimand, E., Hodges, L., Rothbaum, B.O. (2005) Effectiveness of virtual reality distraction during a painful medical procedure in pediatric oncology patients. *Psychology & Health*, 20, 817-824.
4. Cougle, J.R., **Wolitzky-Taylor, K.B.**, Lee, H. & Telch, M.J. (2007). Mechanisms of change in ERP treatment of compulsive handwashing: Does primary threat make a difference? *Behaviour Research and Therapy*, 45, 1149-1459.
5. **Wolitzky-Taylor, K.B.**, Horowitz, J.D., Powers, M.B., & Telch, M.J. (2008). Psychological approaches in the treatment of specific phobias: A meta-analysis. *Clinical Psychology Review*, 28, 1021-1037.
6. Cougle, J.R., Lee, H., Horowitz, J.D., **Wolitzky, K.B.**, & Telch, M.J. (2008). An exploration of the relationship between mental pollution and OCD symptoms. *Journal of Behavior Therapy and Experimental Psychiatry*, 39, 340-353.
7. **Wolitzky-Taylor, K.B.**, Ruggiero, K.J., Danielson, C.K., Resnick, H.S., Hanson, R.F., Smith, D.W., Saunders, B.E. & Kilpatrick, D.G. (2008). Prevalence and correlates of dating violence in a national sample of adolescents. *Journal of the American Academy of Child and Adolescent Psychiatry*, 47, 755-762.
8. **Wolitzky, K.B.** & Telch, M.J. (2009). Augmenting *in vivo* exposure with fear antagonistic actions: A preliminary test. *Behavior Therapy*, 40, 57-71.

9. Olatunji, B. O., **Wolitzky-Taylor, K. B.**, Willems, J., Lohr, J. M., & Armstrong, T. (2009). Differential habituation of fear and disgust during repeated exposure to threat-relevant stimuli in contamination-based OCD: An analogue study. *Journal of Anxiety Disorders*, 23, 118-123.
10. Olatunji, B.O. & **Wolitzky-Taylor, K.B.** (2009). Anxiety sensitivity and the anxiety disorders: A meta-analytic review and synthesis. *Psychological Bulletin*, 135, 974-999.
11. Olatunji, B.O., **Wolitzky-Taylor, K.B.**, Ciesielski, B.G., Armstrong, T., Etzel, E.N., & David, B. (2009). Fear and disgust processing during repeated exposure to threat-relevant stimuli in spider phobia. *Behaviour Research and Therapy*, 47, 671-679.
12. Olatunji, B. O., **Wolitzky-Taylor, K.**, Elwood, L., Connolly, K., Gonzales, B. & Armstrong, T. (2009). Anxiety sensitivity and health anxiety in a nonclinical sample: Specificity and prospective relations with clinical stress. *Cognitive Therapy and Research*, 33, 416-424.
13. Olatunji, B.O., **Wolitzky-Taylor, K.B.**, Babson, K.A. & Feldner, M.T. (2009). Anxiety sensitivity and CO₂ challenge anxiety during recovery: Differential correspondence of arousal and perceived control. *Journal of Anxiety Disorders*, 23, 420-428.
14. **Wolitzky-Taylor, K.B.**, Ruggiero, K.J., McCart, M., Smith, D.W., Hanson, R.F., Resnick, H.S., de Arellano, M.A., Saunders, B.E., & Kilpatrick, D.G. (2010). Has adolescent suicidality decreased in the United States? Data from two national samples of adolescents interviewed in 1995 and 2005. *Journal of Clinical Child and Adolescent Psychology*, 39, 64-76.
15. **Wolitzky-Taylor, K.B.**, Castriotta, N., Lenze, E., Stanley, M. & Craske, M. (2010). Anxiety disorders in older adults: A comprehensive review. *Depression & Anxiety*, 27, 190-211.
16. Olatunji, B.O., Moretz, M.W., **Wolitzky-Taylor, K.B.**, McKay, D., McGrath, P.B., & Ciesielski, B.G. (2010). Disgust vulnerability and symptoms of contamination-based OCD: Descriptive tests of incremental specificity. *Behavior Therapy*, 41, 475-490.
17. **Wolitzky-Taylor, K.B.** & Telch, M.J. (2010). Efficacy of self-administered treatments for pathological academic worry: A randomized controlled trial. *Behaviour Research and Therapy*, 48, 840-850.
18. Olatunji, B.O., **Wolitzky-Taylor, K.B.**, Sawchuk, C. & Ciesielski, B. (2010). Worry and the anxiety disorders: A meta-analytic review. *Applied and Preventive Psychology*, 14, 1-24.
19. **Wolitzky-Taylor, K.B.**, Resnick, H.S., McCauley, J., Amstader, A. & Kilpatrick, D.G., & Ruggiero, K.J (2011). Is reporting of rape on the rise? A comparison of women with reported versus unreported rape experiences in the National Women's Study-Replication. *Journal of Interpersonal Violence*, 26, 807-832.

20. Craske, M.G., **Wolitzky-Taylor, K.B.**, Labus, J., Wu, S., Frese, M., Mayer, E.A. & Naliboff, B. (2011). Cognitive-behavioral treatment for irritable bowel syndrome using interoceptive exposure to visceral sensations. *Behaviour Research and Therapy*, 49, 413-421.
21. Cisler, J.M., **Wolitzky-Taylor, K.B.**, Adams, T.G., Babson, K.A., Badour, C.L. & Willems, J.L. (2011). The emotional Stroop task and posttraumatic stress disorder: A meta-analysis. *Clinical Psychology Review*, 31, 817-828.
22. Deacon, B., Fawzy, T.I., Lickel, J.J. & **Wolitzky-Taylor, K.B.** (2011). Cognitive defusion versus cognitive restructuring for negative body image concerns: An analogue investigation of process and outcome. *Journal of Cognitive Psychotherapy*, 25, 218-232.
23. **Wolitzky-Taylor, K.B.**, Resnick, H.S., Amstadter, A., McCauley, J., Ruggiero, K., & Kilpatrick, D. (2011). Reporting rape in a national sample of college women. *Journal of American College Health*, 59, 582-587.
24. **Wolitzky-Taylor, K.B.**, Operskalski, J.T., Ries, R., Craske, M.G. & Roy-Byrne, P. (2011). Understanding and treating comorbid anxiety disorders in substance users: Review and future directions. *Journal of Addiction Medicine*, 5, 233-247.
25. Ries, R., **Wolitzky-Taylor, K.B.**, Operskalski, J.T., Craske, M.G., & Roy-Byrne, P. (2011). Treatment of comorbid anxiety and substance use disorders: A case report. *Journal of Addiction Medicine*, 5, 248-253.
26. Olatunji, B. O., Ciesielski, B., **Wolitzky-Taylor, K. B.**, Wentworth, B. J., & Viar, M. (2012). Effects of experienced disgust on habituation during repeated exposure to threat-relevant stimuli in blood-injection-injury phobia. *Behavior Therapy*, 43, 132-141.
27. Elwood, L., **Wolitzky-Taylor, K.B.** & Olatunji, B. (2012). Measurement of anxious traits: A contemporary review and synthesis. *Anxiety, Stress, and Coping*, 25, 647-666.
28. **Wolitzky-Taylor, K.B.**, Bobova, L., Zinbarg, R.E., Mineka, S., & Craske, M.G. (2012) Longitudinal investigation of the impact of anxiety and mood disorders in adolescence on subsequent substance use disorder onset and vice versa. *Addictive Behaviors*, 37, 982-985.
29. Meuret, A.E., **Wolitzky-Taylor, K.B.**, Twohig, M. & Craske, M.G. (2012). Coping skills and exposure therapy in panic disorder and agoraphobia: Latest advances and future directions. *Behavior Therapy*, 43, 271-284.
30. Craske, M., **Wolitzky-Taylor, K.B.**, Mineka, S., Zinbarg, R., Waters, A., Vrshek-Shallhorn, S., Epstein, A., Naliboff, B. & Ornitz, E. (2012). Elevated responding to safe conditions as a specific risk factor for anxiety versus depressive disorders: Evidence from a longitudinal investigation. *Journal of Abnormal Psychology*, 121, 315-324.

31. Arch, J. J., **Wolitzky-Taylor, K. B.**, Eifert, G. H., & Craske, M. G. (2012). Longitudinal treatment mediation of traditional cognitive behavioral therapy and acceptance and commitment therapy for anxiety disorders. *Behaviour Research and Therapy*, 50, 469-478.
32. Deacon, B., Lickel, J.J., Nelson, E.A., Abramowitz, J.S., Mahaffey, B., & **Wolitzky-Taylor, K.B.** (2012). Do cognitive reappraisal and diaphragmatic breathing augment interoceptive exposure for anxiety sensitivity? *Journal of Cognitive Psychotherapy*, 26, 257-269.
33. **Wolitzky-Taylor, K.**, Craske, M.G., Labus, J., Mayer, E. & Naliboff, B. (2012). Visceral sensitivity as a mediator of outcome in the treatment of irritable bowel syndrome. *Behaviour Research and Therapy*, 50, 647-650.
34. **Wolitzky-Taylor, K.B.**, Arch, J.J, Rosenfield, D. & Craske, M.G. (2012). Moderators and non-specific predictors of treatment outcome for anxiety disorders: A comparison of cognitive behavioral therapy to acceptance and commitment therapy. *Journal of Consulting and Clinical Psychology*, 80, 786-799.
35. Zbozinek, T., Rose, R., **Wolitzky-Taylor, K.**, Sherbourne, C., Sullivan, G., Stein, M., Roy-Byrne, P., & Craske, M. (2013). Diagnostic overlap of generalized anxiety disorder and major depressive disorder in a primary care sample, *Depression and Anxiety*, 29, 1065-1071.
36. Kobak, K., Craske, M.G., Rose, R. & **Wolitzky-Taylor, K.** (2013). Web-based therapist training on cognitive-behavior therapy for anxiety disorders. *Psychotherapy*, 50, 235-247.
37. Olatunji, B.O., Naragon-Gainey. K., & **Wolitzky-Taylor, K.B.** (2013). Specificity of rumination in anxiety and depression: A multimodal meta-analysis. *Clinical Psychology: Science and Practice*, 20, 225-257.
38. Vrshek-Schallhorn, S., Mineka, S., Zinbarg, R.E., Craske, M.G., Griffith, J.W., Sutton, J., Redei, E.E., **Wolitzky-Taylor, K.**, Hammen, C., Adam, E.K. (2014). Refining the candidate environment: Interpersonal stress, the serotonin transporter polymorphism, and gene-environment interactions on major depression. *Clinical Psychological Science*, 2, 235–248.
39. **Wolitzky-Taylor, K.**, Vrshek-Schallhorn, S., Waters, A., Mineka, S., Zinbarg, R., Ornitz, E., Naliboff, B. & Craske, M. (2014). Adversity in early and mid-adolescence is associated with elevated startle responses to safety cues in late adolescence. *Clinical Psychological Science*, 2, 202-213.
40. **Wolitzky-Taylor, K.B.**, Dour, H., Zinbarg, R., Mineka, S., Vrshek-Schallhorn, S., Epstein, A., Bobova, L., Griffith, J., Waters, A., Nazarian, M., Rose, R. & Craske, M.G. (2014). Experiencing core symptoms of anxiety and unipolar mood disorders in late adolescence predicts disorder onset in early adulthood. *Depression & Anxiety*, 31, 207-213.
41. Vrshek-Schallhorn, S., **Wolitzky-Taylor, K.**, Doane, L.D., Epstein, A., Sumner, J.A., Mineka, S., Zinbarg, R.E., Craske, M.G., Isaia, A., Hammen, C., Adam, E.K. (2014). Validating

new summary indices for the Childhood Trauma Interview: Associations with first onsets of major depressive disorder and anxiety disorders. *Psychological Assessment*, 26, 730-740.

42. Sumner, J.A., Vrshek-Schallhorn, S., Mineka, S., Zinbarg, R.E., Craske, M.G., Redei, E.E., **Wolitzky-Taylor, K.**, & Adam, E.K. (2014). Effects of the serotonin transporter polymorphism and history of major depression on overgeneral autobiographical memory. *Cognition and Emotion*, 28, 947-958.

43. Craske, M.G., Niles, A., Burklund, L., **Wolitzky-Taylor, K.**, Vilardaga, J.C., Arch, J.J., Saxbe, D.E., & Lieberman, M. (2014). Randomized controlled trial of cognitive behavioral therapy and acceptance and commitment therapy for social phobia: Outcomes and moderators. *Journal of Consulting and Clinical Psychology*, 82, 1034-1048.

44. Brown, L., Wiley, J., **Wolitzky-Taylor, K.**, Roy-Byrne, P., Sherbourne, C., Stein, M.B., Sullivan, G., Rose, R., Bystritsky, A. & Craske, M.G. (2014). Changes in self-efficacy and outcome expectancy as predictors of anxiety outcomes from the CALM study. *Depression & Anxiety*, 31, 678-689.

45. Sumner, J. A., Mineka, S., Adam, E. K., Craske, M. G., Vrshek-Schallhorn, S., **Wolitzky-Taylor, K.**, & Zinbarg, R. E. (2014). Testing the CaR-FA-X model: Investigating the mechanisms underlying reduced autobiographical memory specificity in individuals with and without a history of depression. *Journal of Abnormal Psychology*, 123, 471-486.

46. **Wolitzky-Taylor, K.**, Brown, L.A., Roy-Byrne, P., Sherbourne, C., Stein, M.B., Sullivan, G., Bystritsky, A., & Craske, M.G. (2015). The impact of alcohol use severity on anxiety treatment outcomes in a large effectiveness trial in primary care. *Journal of Anxiety Disorders*, 30, 88-93.

47. **Wolitzky-Taylor, K.**, Guillot, C., Pang, R., Kirkpatrick, M., Zvolensky, M. Buckner, J.D., & Leventhal, A. (2015). Examination of anxiety sensitivity and distress tolerance as transdiagnostic mechanisms linking multiple anxiety pathologies to alcohol use problems in adolescents. *Alcoholism: Clinical and Experimental Research*, 39, 532-539.

48. Gomes, J., Cordioli, A., Van Noppen, B., Pato, M., **Wolitzky-Taylor, K.**, Goncalves, S., & Heldt, E. (2015). Family Accommodation Scale for Obsessive-Compulsive Disorder – Interviewer-Rated (FAS-IR) Brazilian Portuguese version: internal consistency, reliability and exploratory factor analysis. *Comprehensive Psychiatry*, 57, 155-159.

49. Schneider, R., Arch, J.J. & **Wolitzky-Taylor, K.** (2015). The state of personalized treatment for anxiety disorders: A systematic review of treatment moderators. *Clinical Psychology Review*, 38, 39-54.

50. Vrshek-Schallhorn, S., Shroud, C.B., Mineka, S., Hammen, C., Zinbarg, R., **Wolitzky-Taylor, K.**, & Craske, M. (2015). Chronic and episodic interpersonal stress as statistically unique predictors of depression in two samples of emerging adults. *Journal of Abnormal Psychology*, 124, 918-932.

51. **Wolitzky-Taylor, K.**, Zimmermann, M., Arch, J.J., de Guzman, E., & Lagomasino, I. (2015). Has evidence-based psychosocial treatment for anxiety disorders permeated usual care in community mental health settings? *Behaviour Research and Therapy*, 72, 9-17.
52. Zinbarg, R.E., Mineka, S., Bobova, L., Craske, M., Vrshek-Schallhorn, S., Griffith, J., **Wolitzky-Taylor, K.**, Waters, A. & Anand, D. (2016). Testing a hierarchical model of neuroticism and its cognitive facets: Latent structure and prospective prediction of first onsets of anxiety and unipolar mood disorders over three years in late adolescence. *Clinical Psychological Science*, 4, 805-824.
53. Mills, S., **Wolitzky-Taylor, K.**, Bourque, M.C., Rojas, S.M.P., Bhattacharya, D., Simpson, A.K., Maye, A., Lo, P., Clark, A., Xiao, A.Q., Lim, R. & Lu, F.G. (2016). Training on the DSM-5 Cultural Formulation Interview Improves Cultural Competence in General Psychiatry Residents: A Multisite Study. *Academic Psychiatry*, 40, 829-834.
54. **Wolitzky-Taylor, K.**, Rawson, R., Ries, R., Roy-Byrne, P. & Craske, M.G. (2016). Adaptation of Coordinated Anxiety Learning and Management (CALM) for comorbid anxiety and substance use disorders: Delivery of evidence-based treatment for anxiety in addictions treatment centers. *Implementation Science (Suppl)*, 11, 26.
55. Nielsen, S., Vangkilde, S., **Wolitzky-Taylor, K.**, Daniel, S. & Hageman, I. (2016). Study protocol: an investigation of general predictors of cognitive behavioral therapy outcome for anxiety disorders in a naturalistic setting. *British Medical Journal*, 6.
56. **Wolitzky-Taylor, K.**, McBeth, J., Guillot, C.R., Stone, M.D. Kirkpatrick, M., Zvolensky, M.J., Buckner, J.D. & Leventhal, A.M. (2016). Transdiagnostic processes linking anxiety symptoms and substance use problems among adolescents. *Journal of Addictive Disease*, 35, 266-277.
57. **Wolitzky-Taylor, K.**, Sewart, A., Vrshek-Schallhorn, S., Mineka, S., Zinbarg, R. & Craske, M.G. (2017). The effects of childhood and adolescent adversities on substance use disorders and poor chronic health in early adulthood. *Journal of Youth and Adolescence*, 46, 15-27.
58. Mills S, Xiao AQ, **Wolitzky Taylor K**, Lim R, Lu F (2017). Training on the DSM-5 Cultural Formulation Interview Improves Cultural Competence in General Psychiatry Residents: A Pilot Study. *Transcultural Psychiatry*, 54, 170-191.
59. Pendi A, Ashraf J, **Wolitzky-Taylor KB**, Lee D, Sugar J, Pendi K, Lee J, Baron DA (2016). The association between depression severity and stigmatized beliefs in undergraduate students at a large metropolitan university: A cross-sectional study. *Journal of Psychiatry and Mental Health*, 1.
60. Kobak, K., **Wolitzky-Taylor, K.**, Craske, M.G. & Rose, R. (2017). Therapist training on cognitive behavior therapy for anxiety disorders using internet-based technologies. *Journal of Cognitive Therapy and Research*, 41, 265.

61. Niles, A., **Wolitzky-Taylor, K.**, Arch, J.J., & Craske, M.G. (2017). Applying a novel statistical method to advance the personalized treatment of anxiety disorders: A composite moderator of comparative drop-out from CBT and ACT. *Behaviour Research and Therapy*, 91, 13-23.
62. **Wolitzky-Taylor, K.** (2017). Message from the Editor. *The Behavior Therapist*, 40, 1.
63. **Wolitzky-Taylor, K.**, Williams, M., Moreland, A. & LeBeau, R. (2017). Introduction to the Special Issue on Diversity. *The Behavior Therapist*, 42, 1.
64. Nielsen, S.K.K., Loenfeldt, N.N., **Wolitzky-Taylor, K.B.**, Hageman, I., Vangkilde, S.A. & Daniel, S.I.F. (2017). Adult Attachment and anxiety - the mediating role of emotion regulation. *Journal of Affective Disorders*, 218, 253-259.
65. Lacsina, J., Tang, V., **Wolitzky-Taylor, K.**, Bruggemann, Jacque, J., & Dossett, E. (2017). Perceptions of perinatal anxiety, depression, and mental health treatment in a low-income Latina population. *Journal of Women's Health and Emancipation*, 1, 22-28.
66. **Wolitzky-Taylor, K.**, Krull, J.L., Rawson, R., Roy-Byrne, P., Ries, R. & Craske, M.G. (2018). Randomized clinical trial evaluating the preliminary effectiveness of an integrated anxiety disorder treatment in substance use disorder specialty clinics. *Journal of Consulting and Clinical Psychology*, 86, 81-88.
67. **Wolitzky-Taylor, K.**, Fenwick, K., Lengnick-Hall, R., Grossman, J., Bearman, S.K., Arch, J. Miranda, J. & Chung, B. (2018). Understanding the barriers to delivering (and receiving) exposure-based cognitive behavioral therapy for anxiety disorders in adult community mental health settings. *Community Mental Health Journal*, 1-17.
68. **Wolitzky-Taylor, K.**, Chung, B., Bearman, S.K., Arch, J., Grossman, J., Lengnick-Hall, R., Fenwick, K. & Miranda, J. (2018). Stakeholder perceptions of the barriers to delivery of exposure-based cognitive behavioral therapy in low-income community mental health settings. *Community Mental Health Journal*, 1-13.
69. **Wolitzky-Taylor, K.**, Niles, A., Ries, R., Krull, J., Roy-Byrne, P., Rawson, R., & Craske, M.G. (2018). Who needs more than standard care? Treatment moderators in a randomized clinical trial comparing addiction treatment alone to addiction treatment plus anxiety disorder treatment for comorbid anxiety and substance use disorders. *Behaviour Research and Therapy*, 107, 1-9.
70. **Wolitzky-Taylor, K.**, Drazdowski, T., Rawson, R. & Craske, M.G. (2018). Anxiety sensitivity and coping motives as putative mediators of outcome in an integrated treatment for comorbid anxiety and substance use disorders. *Behaviour Research and Therapy*, 107, 34-41.
71. Olatunji, B. O., Fan, Q, & **Wolitzky-Taylor, K.** (2018). Anxiety sensitivity and post-traumatic stress reactions: Effects of time-varying intrusive thoughts and associated distress. *Journal of Behavior Therapy and Experimental Psychiatry*, 61, 113-120.

72. Nielsen, S.K.K., Hageman, I., Petersen, A., Daniel, S.I.F., Lau, M., Winding, C., **Wolitzky-Taylor, K.B.**, Steele, H., & Vangkilde, S. (2019). Do emotion regulation, attentional control, and attachment style predict response to cognitive behavioral therapy? – An investigation in clinical settings. *Journal of Psychotherapy Research*, 29, 999-1009.
73. Kemp, J. J., Blakey, S. M., **Wolitzky-Taylor, K.**, Sy, J., Deacon, B. J. (2019). Differential effects of safety behavior utilization versus safety behavior availability on inhibitory learning during exposure therapy. *Cognitive Behaviour Therapy*, 48, 517-528.
74. **Wolitzky-Taylor, K.** & Schiffman, J. (2019). Predictive associations among the repeated measurements of anxiety, depression, and craving in a dual diagnosis program. *Journal of Dual Diagnosis*, 15, 41-46.
75. **Wolitzky-Taylor, K.** Message from the Editor (2019). *The Behavior Therapist*, 42, 265.
76. Bleyer, A. J., Kidd, K., Johnson, E., Robins, V., Martin, L., Taylor, A., ...**Taylor, K.B....** & Kmoch, S. (2019). Quality of life in patients with autosomal dominant tubulointerstitial kidney disease. *Clinical nephrology*, 92, 302-311.
77. **Wolitzky-Taylor, K.**, LeBeau, R., Perez, M., Gong-Guy, E., & Fong, T. (2020). Suicide prevention on college campuses: What works, and what are the existing gaps? A systematic review and meta-analysis. *Journal of American College Health*, 68, 419-428.
78. Santiago, J., Akeman, E., Kirlic, N., Clausen, A.N., Cosgrove, K. T., McDermott, T. J., Mathis, B., Paulus, M., Craske, M.G., Abelson, J., Martell, C., **Wolitzky-Taylor, K.**, Bodurka, J., Thompson, W.K., & Aupperle, R. L. (2020). Protocol for a randomized controlled trial examining multi-level prediction of response to behavioral activation and exposure-based therapy for generalized anxiety disorder. *Trials*, 17.
79. Vinograd, M., Williams, A., Sun, M., Bobova, L., **Wolitzky-Taylor, K. B.**, Vrshek-Schallhorn, S., Mineka, S., Zinbarg, R. E., & Craske, M. G. (2020). Neuroticism and interpretive bias as risk factors for anxiety and depression. *Clinical Psychological Science*, 8, 641-656.
80. Musa, A., Ashraf, J., Tsai, F. J., Abolmagd, S., Liu, C., Hussain, H., ...**Wolitzky-Taylor, K....** & Baron, D. (2020). Depression severity and depression stigma among students: A survey of universities in five countries. *The Journal of Nervous and Mental Disease*, 208, 884-889.
81. Mineka, S., Williams, A.L., **Wolitzky-Taylor, K.**, Vrshek-Schallhorn, S., Craske, M.G., Hammen, C. & Zinbarg, R.E. (2020). Five-year prospective neuroticism-stress effects on major depressive episodes: Primarily additive effects of the general neuroticism factor and stress. *Journal of Abnormal Psychology*, 129, 646–657.
82. Musa, A., Valdez, A. J., Aguilar, J. L., Pendi, K., **Wolitzky-Taylor, K. B.**, Lee, D., ... & Safani, D. (2021). The prevalence of intimate partner violence and association with depression in

university students: results of a cross-sectional study. *The Journal of Nervous and Mental Disease*, 209, 71-75.

83. **Wolitzky-Taylor, K.**, Sewart, A., Zinbarg, R., Mineka, S. Craske, M.G. (2021). Rumination and worry as putative mediators of the association between emotional disorders and substance use disorders in a longitudinal investigation. *Addictive Behaviors*, 119, 1-8.

84. Cleveland, S., Reed, K., Thomas, J., Ajijola, O.A., Ebrahimi, R., Hsiai, T., Lazarov, A., Montoya, A.K., Neria, Y., Shimbo, D., **Wolitzky-Taylor, K.**, & Sumner, J.A. (2021). Key Dimensions of Posttraumatic Stress Disorder and Endothelial Dysfunction: A Mechanism-Focused Cohort Study. *British Medical Journal Open*, 11, 1-9.

85. White, E.J., Nacke, M., Akeman, E., anon, M.J., Mayeli, A., Toughang, J., Al Zoubi, O., McDermott, T.J., Kirlic, N., Santiago, J., Kuplicki, R., Bodurka, J., Paulus, M.P., Craske, M.G., **Wolitzky-Taylor, K.**, Abelson, J., Martell, C., Clausen, A., Stewart, J.L., Aupperle, R.L. (2021). P300 amplitude during a monetary incentive delay task predicts future therapy completion in individuals with major depressive disorder. *Journal of Affective Disorders*, 295, 873-882.

86. Drazdowski, T. K., Schulte, M., **Wolitzky-Taylor, K.**, Schaper, H., & Chapman, J. (2021). Motivations for Prescription Drug Misuse Related to Mental Health Problems. *Substance Use and Misuse*, 57, 316-327.

87. Mooney, L.J., Zhu, Y., Yoo, C., **Wolitzky-Taylor, K.**, & Hser, Y.I. (2022). Associations between benzodiazepine and opioid prescription and mortality among patients in a large healthcare system. *Journal of Addiction Medicine*, 16, 65-71.

88. **Wolitzky-Taylor, K.**, Nelson, H., Ross, J., & Sewart, A. (2022). Randomized clinical trial investigating the efficacy of brief self-administered behavioral interventions for rumination: A preliminary test. *Behavior Modification*, 46, 913-936.

89. Akeman, E., White, E., **Wolitzky-Taylor, K.**, Santiago, J., McDermott, T., DeVille, D.C., Stewart, J.L., Paulus, M., Taylor, C., & Aupperle, R.L. (2022). Amplification of Positivity Therapy for Co-occurring Alcohol Use Disorder with Depression and Anxiety Symptoms: Pilot Feasibility Study and Case Series. *Behavior Modification*, 46, 1021-1046.

90. **Wolitzky-Taylor, K.**, Sewart, A., Karno, M., Ries, R. & Stimson, J. (2022). Development and Initial Evaluation of a Fully Integrated Treatment for Comorbid Social Anxiety Disorder and Alcohol Use Disorder in a Community-Based SUD Clinic Setting. *Behaviour Research and Therapy*, 148.

91. **Wolitzky-Taylor, K.**, Glasner, S., Tanner, A., Ghahremani, D. & London, E. (2022). Targeting maladaptive reactivity to negative affect in emerging adults with cannabis use disorder: A preliminary test and proof of concept. *Behaviour Research and Therapy*, 150.

92. Yarrington, J., Vinograd, M., Williams, A.L., **Wolitzky-Taylor, K.**, Zinbarg, R., Mineka, S., Waters, A. & Craske, M.G. (2022). Fear-potentiated startle predicts longitudinal change in

transdiagnostic symptoms of anxiety and depression. *Journal of Affective Disorders*, 311, 399-406.

93. Saleska, J.L., Pauli, E.K., Rezvan, P., Cobb, O., Chen, J., Thorogood, P., Backonja, M., Colwell, C., Loewy, D., Russo, E., **Wolitzky-Taylor, K.**, Waalen, J., Vandrey, R. & Laird, K. (2022). The comparative effectiveness of commercially-available CBD products on perceived health and well-being: a randomized, multi-arm, open-label waitlist-controlled trial. *Integrative Medicine Reports*, 1, 215-226.

94. Semcho, S. A., Southward, M. W., Stumpp, N. E., MacLean, D. L., Hood, C. O., **Wolitzky-Taylor, K.**, & Sauer-Zavala, S. (2023). Aversive reactivity: A transdiagnostic functional bridge between neuroticism and avoidant behavioral coping. *Journal of Emotion and Psychopathology*, 1, 23-40.

95. **Wolitzky-Taylor, K.** & LeBeau, R. (2023). Recent advances in the understanding and treatment of social anxiety disorder. *Faculty Opinions*, 12, 1-10.

96. Yarrington, J.S., Metts, A.V., Zinbarg, R.E., Nusslock, R., **Wolitzky-Taylor, K.**, Hammen, C., Kelley, N.J., Bookheimer, S., & Craske, M.G. (2023). The role of positive and negative aspects of life events in depressive and anxiety symptoms. *Clinical Psychological Science*, 11, 910-920.

97. **Wolitzky-Taylor, K.**, Smit, T., Vujanovic, A. A., & Zvolensky, M. J. (2023). Transdiagnostic processes linking posttraumatic stress disorder symptoms to alcohol use severity. *Journal of Dual Diagnosis*, 19, 97-110.

98. **Wolitzky-Taylor, K.**, LeBeau, R., Arnaudova, I., Barnes-Horowitz, N., Fears, S., Heldt, J., Freimer, N., & Craske, M.G. (2023). A novel and integrated digitally-supported system of care for depression and anxiety: Protocol and findings from an open trial. *Journal of Medical Internet Research: Mental Health*, 10.

99. Yarrington, J.S., Montgomery, C., Joyner, K.J., O'Connor, M-F. & **Wolitzky-Taylor, K.** (2023). Evaluating training needs in clinical psychology doctoral programs. *Journal of Clinical Psychology*, 79, 2304–2316.

100. Berg, H., Akeman, E., McDermott, T.J., Cosgrove, K.T., Kirlic, N.... **Wolitzky-Taylor, K.**....Aupperle, R. (2023). A randomized clinical trial of behavioral activation and exposure-based therapy for adults with generalized anxiety disorder. *Journal of Mood and Anxiety Disorders*, 1.

101. Wen, A., **Wolitzky-Taylor, K.**, Gibbons, R. & Craske, M.G. (2023). A randomized clinical trial on using predictive algorithm for adapting level of psychological care for community college students: STAND Triaging and Adapting to Level of Care study protocol. *Trials*, 24, 508.

102. **Wolitzky-Taylor, K.**, Mooney, L., Otto, M., Metts, A., Parsons, M., Hanano, M. & Ram, R. (2023). Augmenting the efficacy of benzodiazepine taper with telehealth-delivered cognitive

behavioral therapy for anxiety disorders in patients using prescription opioids. *Contemporary Clinical Trials*, 133.

103. **Wolitzky-Taylor, K.** (2023). Integrated behavioral treatments for comorbid anxiety and substance use disorders: A model for understanding integrated treatment approaches and meta-analysis to evaluate their efficacy. *Drug and Alcohol Dependence*, 253.

104. **Wolitzky-Taylor, K.**, Richards, M., Welborn, A., McDonald, V., Arnaudova, I., O'Mahen, H., Newby, J., Mellard, M. Metts, A., Fears, S., Stein, A., Freimer, N., & Craske, M.G. (2024). Study protocol: Perinatal mood tracking and treatment study. *Trials*, 25, 525.

105. Flores, J., Kan, E., Mooney, L.J., Pham, H., Zhu, Y., **Wolitzky-Taylor, K.** & Hser, Y-I. (2024). Medications for opioid use disorder (MOUD) among Transition Age Youth compared to adults in rural settings. *Journal of the American Academy of Child and Adolescent Psychiatry*.

106. Nyamathi, A., Salem, B., Gelberg, L., Garfin, D.R., **Wolitzky-Taylor, K.**...Lee, D. (2024). Pilot randomized controlled trial of biofeedback on reducing psychological and physiological stress among persons experiencing homelessness. *Stress & Health*, 40,, e3366

107. Collins, A.C., Bhattacharya, S., Oh, J.Y., Salzhauer, A., Taylor, C.T., **Wolitzky-Taylor, K.**, Aupperle, R.L., Budnet, A.J. & Jacobson, N. (2024) Inclusion of individuals with lived experiences in the development of a digital intervention for co-occurring depression and cannabis use: A mixed methods investigation. *JMIR Formative Research*, 8, e54751

108. Nielsen, S.K.K., Stuart, A., Winding, C., **Wolitzky-Taylor, K.**, Øllgaard, M., Daniel, S.I.F., Vangkilde, S., Rosenberg, N., Hageman, I. & Jørgensen, MB. (2025) Group Acceptance and Commitment Therapy versus Cognitive Behavioral Therapy/Exposure Response Prevention for Obsessive Compulsive Disorder: A Block Randomized Controlled Trial. *Psychotherapy and Psychosomatics*.

109. Berg, H., McDermott, T.J., Kuplicki, R., Yeh, H., Thompson, W.K., Smith, R., Akeman, E., Kirlic, N., Clausen, A., Cannon, M., White, E., Martell, C.R., **Wolitzky-Taylor, K.**, Craske, M.G., Abelson, J.L., Paulus, M.P., Robin L. Aupperle, R. (2025). Neural activity to reward and loss predicting treatment outcomes for adults with generalized anxiety disorder: A randomized clinical trial. *Journal of Mood and Anxiety Disorders*, 9, 100107.

110. Sheinfil, A.Z., Cucciare, M.A., **Wolitzky-Taylor, K.**, Cully, J.A., Lindsay, J.A., Green, C & Ecker, A.H. (2025). Feasibility, Acceptability, and Preliminary Clinical Impact of a Computer Assisted Transdiagnostic CBT Intervention for Veterans with Co-occurring Anxiety and Substance Use Disorders. *Journal of Dual Diagnosis*, 21, 355-365.

111. Berg, H., McDermott, T., Kuplicki, R., Yeh, H.W., Thompson, W., Smith, R., Akeman, E., Kirlik, N., Clausen. A., Cannon, M., White, E., Martell, C., **Wolitzky-Taylor, K.**, Craske, M.G., Abelson, J., Paulus, M., & Aupperle, R. (2025). Prediction of generalized anxiety disorder treatment outcomes with neurobehavioral responses to approach-avoidance conflict: A randomized clinical trial. *Translational Psychiatry*, 15.

112. Armstrong, J., Baughman, N., Wilhelm, R., El-Shafie, D., Berg, H., Yeh, H-W., Akeman, E., Martell, C., **Wolitzky-Taylor, K.**, Craske, M.G., Paulua, M.P. & Aupperle, R. (2025). Loneliness moderates behavioral therapy response for generalized anxiety disorder. *Journal of Mood and Anxiety Disorders*.
113. **Wolitzky-Taylor, K.**, Wen, A., Freimer, N. & Craske, M.G. (2025). Anxiety and Depression in Emerging Adults: The STAND Program as a Model of Scalable Screening and Intervention. *Neuropsychopharmacology*, 51, 244–258.
114. Kodish, T., Reinosa-Segovia, F., Pichon., P., Chavira, D.A., **Wolitzky-Taylor, K.**, & Craske, M.G. (2026). Developing a Text-Messaging Intervention to Increase Uptake of the Screening and Treatment for Anxiety and Depression (STAND) Program among Community College Students: Formative Study Using a Human-Centered Design Approach. *JMIR Formative Research*.
115. **Wolitzky-Taylor, K.**, Richards, M., Welborn, A., McDonald, V., Arnaudova, I., O'Mahn, H., Newby, J., Mellard, M. Metts, A., Fears, S., Stein, A., Freimer, N., & Craske, M.G. (in press). Integrated system of digital therapy and clinician care for perinatal depression and anxiety: a randomized controlled trial. *The Lancet Obstetrics, Gynaecology, & Women's Health*.
116. **Wolitzky-Taylor, K.**, Otto, M., Metts, A., Hanano, M. & Mooney, L. (in press). A pilot randomized clinical trial evaluating the feasibility, acceptability, and preliminary efficacy of a cognitive behavioral therapy adjunct to support benzodiazepine tapering among primary care patients co-prescribed benzodiazepines and opioids. *Psychology of Addictive Behaviors*.
117. **Wolitzky-Taylor, K.** & Ecker, A. (in press). Introduction to the Special Issue on the Nature and Treatment of Comorbid Emotional Disorders and Substance Use Disorders. *Behaviour Research and Therapy*.

BOOKS

1. **Wolitzky-Taylor, K. (Ed.)** (2024). Integrated treatment for comorbid emotional and substance use disorders. New York: Springer.
2. Meuret, A., **Wolitzky-Taylor, K.**, Yarrington, J. & Ritz, T. (in preparation). The nature and treatment of panic disorder. New York: Guilford.

BOOK CHAPTERS

1. **Wolitzky-Taylor, K.B.**, Viar, M.E. & Olatunji, B.O. (2012). Ethical issues when considering exposure. In T. Davis, T. Ollendick & L-G Ost, (Eds). *Intensive treatment of specific phobias: One-session treatment*. Springer: New York, NY.

2. **Wolitzky-Taylor, K.** & Craske M.G. (2013). Anxiety Disorder due to a Known Medical Condition. In *Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition*. American Psychiatric Association.
3. **Wolitzky-Taylor, K.** & Craske M.G. (2013). Substance Induced Anxiety Disorder. In *Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition*. American Psychiatric Association.
4. Craske, M. G., Barlow, D. H. & **Wolitzky-Taylor, K.** (2020). Panic disorder and agoraphobia. In D. H. Barlow (Ed.), *Clinical handbook of psychological disorders: A step-by-step treatment manual* (6th ed.). New York: Guilford Press.
5. **Wolitzky-Taylor, K.** & Metts, A. (2024). Social anxiety disorder. In *Anxiety and Depression Association of America Patient Guide to Anxiety and Mood Disorders*.
6. Kodish, T., Cohen, Z.D., **Wolitzky-Taylor, K.**, Craske, M.G (accepted). Reimagining Mental Health Care for College Students in the United States: The Screening and Treatment for Anxiety and Depression (STAND) Program. In C. Benjet, R. Bruffaerts, P. Cuijpers, R. Kessler (Eds). *The Mental Health of College Students*. Cambridge University Press.
7. Metts, A. & **Wolitzky-Taylor, K.** (in press). Social Anxiety – Treatment: Individual Therapy. In *Anxiety and Depression Association of America Patient Guide to Anxiety and Mood Disorders: Children and Adolescents*.

MANUSCRIPTS UNDER REVIEW

1. Reinos Segovia, F., Gomez, G., Pichon, P., Grigoryan, G., Yarrington, J. S., Craske, M. G. & **Wolitzky-Taylor, K.** (under review). A Qualitative Analysis of Peer Coaches' Perspectives on STAND Mental Health Program.

MANUSCRIPTS AND BOOK CHAPTERS IN PREPARATION

1. Calderon, V., Saravia, D., Alacam, E., Wong, M., **Wolitzky-Taylor, K.**, Craske, M., & Chavira, D. (in preparation). Bridging beliefs: Family pride, stigma, and mental health perspectives in the adoption of digital interventions among Latinx community college students.
2. Choukas, N.R., Aras, S., Burrows, Z., Chatteraj, T., Yarrington, J., **Wolitzky-Taylor, K.B.**, Craske, M.G., & Cohen, Z.D. (in preparation). Understanding Digital Therapy Response Through Digital Phenotyping: Protocol for a Pilot Study in Community College Students.
3. Cohen ZD, Christiansen T, Ponting C, Kodish T, Tanner A, Gasperetti C, Montgomery R, Dour H, Lanser I, Schmidt M, Barnes-Horowitz N, Choukas N, Chatteraj T, Yarrington J, **Wolitzky-Taylor K**, Freimer NB, Harvey A, Watkins E, Craske MG. (in preparation).

Introducing RainFrog: A Modular, Transdiagnostically-Oriented Digital Therapy Ecosystem for Developing, Testing, and Implementing Scalable, Personalized Psychological Treatments.

4. Reinos Segovia, F., Sharf, K., Pichon, P., Gomez, G., Aguilar Silvan, Y., Calderon, V., **Wolitzky-Taylor, K.**, Craske, M. G., & Chavira, D.A. (in preparation). Demographic Factors Predicting STAND Initial Uptake among College Students of Color.
5. Kodish, T., Reinos Segovia, F. A., Pichon, P., Silvan, Y., Calderon, V., **Wolitzky-Taylor, K.**, Craske, M. G., Chavira, D. (in preparation). Community College Students of Color Perceived Barriers and Facilitators to STAND Uptake: A Qualitative Study.

CONFERENCE PRESENTATIONS

1. **Wolitzky, K.B.**, & Telch, M.J. (2004, November). Placebo controlled trial investigating the efficacy of encouraging *anti-phobic actions* during *in vivo* exposure therapy. Poster presented at the Annual Conference for the Association for the Advancement of Behavior Therapy, New Orleans, LA.
2. **Wolitzky, K.B.**, Rellini, A., & Telch, M.J. (2005, March). Placebo controlled trial investigating the mechanisms of fear reduction during exposure-based treatment encouraging the performance of *anti-phobic actions*. Poster presented at the Annual Conference of the Anxiety Disorders Association of America, Seattle, WA.
3. **Wolitzky, K.B.**, Rellini, A., & Telch, M.J. (2005, November). Potential cognitive variables mediating treatment outcome after exposure treatments for specific phobia. Poster presented at the Annual Conference for the Association of Behavioral and Cognitive Therapy, Washington, D.C.
4. Horowitz, J.D., **Wolitzky, K.B.**, Powers, M.B. & Telch, M.J. (2005, November). Psychosocial treatments for specific phobia: a meta-analysis. Poster presented at the Annual Conference for the Association of Behavioral and Cognitive Therapy, Washington, D.C.
5. Cogle, J.R., Lee, H., **Wolitzky, K.B.**, & Telch, M.J. (2005, November). Confidence in remembering and knowing judgments in sub-clinical compulsive checkers. Poster presented at the Annual Conference for the Association of Behavioral and Cognitive Therapy, Washington, D.C.
6. Cogle, J.R., **Wolitzky, K.B.**, Lee, H. & Telch, M.J. (2005, November). Threat expectancies and disgust as mediators of anxiety and urge to wash in ERP treatment of compulsive handwashing. Poster presented at the Annual Conference for the Association of Behavioral and Cognitive Therapy, Washington, D.C.
7. Lee, H., Cogle, J.R., Horowitz, J.D., **Wolitzky, K.B.**, & Telch, M.J. (2005, November). Can we distinctively cluster patients with panic disorder based on panic attack criteria symptoms of DSM-IV? Poster presented at the Annual Conference for the Association of Behavioral and Cognitive Therapy, Washington, D.C.

8. **Wolitzky, K.B.**, Cougle, J.R., & Telch, M.J. (2006, November). Academic Worry Questionnaire (AWQ): Scale validation and the relations among pathological academic worry, academic achievement, and study habits. Poster presented at the Annual Conference for the Association of Behavioral and Cognitive Therapies, Chicago, IL.
9. **Wolitzky, K.B.** & Telch, M.J. (2006, November). An examination of self-administered interventions to reduce pathological academic worry. Poster presented at the Annual Conference for the Association of Behavioral and Cognitive Therapies, Chicago, IL.
10. Cougle, J.R., Lee, H., Horowitz, J.D., **Wolitzky, K.B.**, & Telch, M.J. (2006, November). An Exploration of the relationship between mental pollution and OCD symptoms. Poster presented at the Annual Conference for the Association of Behavioral and Cognitive Therapies, Chicago, IL.
11. **Wolitzky-Taylor, K.B.** & Telch, M.J. (2007, July). Placebo-controlled trial investigating self-administered treatment for pathological worry. Poster presented at the World Congress of Cognitive and Behavioral Therapies, Barcelona, Spain.
12. **Wolitzky-Taylor, K.B.**, Pai, A.V. & Telch, M.J. (2007, November). The effects of speech type and audience feedback on exposure treatment for social phobia. Poster presented at the Annual Conference for the Association of Behavioral and Cognitive Therapies, Philadelphia, PA.
13. Cougle, J.R., **Wolitzky-Taylor, K.B.**, Lee, H., & Telch, M.J. (2007, November). Role of primary threat in moderating the changes in disgust and urge to wash in ERP treatment. Symposium presented at the Annual Conference for the Association of Behavioral and Cognitive Therapies, Philadelphia, PA.
14. **Wolitzky-Taylor, K.B.**, Ruggiero, K.J., Danielson, C.K., Resnick, H.S., Hanson, R.F., Smith, D.W., Saunders, B.E. & Kilpatrick, D.G. (2008, November). Prevalence and correlates of serious dating violence in a national sample of adolescents. Poster presented at the Annual Conference for the Association of Behavioral and Cognitive Therapies, Orlando, FL.
15. Cougle, J.R., **Wolitzky-Taylor, K.B.**, Lee, H., & Telch, M.J. (2008, November). An examination of the roles of disgust and primary threat in predicting urge to wash in ERP treatment for compulsive washing. Symposium presented at the Annual Conference for the Association of Behavioral and Cognitive Therapies, Orlando, FL.
16. Mortazavi, A., **Wolitzky-Taylor, K.**, Mystkowski, J., Yi, R., & Craske, M.G. (2010, March). Synchrony of self-report and psychophysiological activation in contamination fear. Poster presented at the 30th Annual Conference of the Anxiety Disorders Association of America, Baltimore, Maryland.
17. Reding, M., **Wolitzky-Taylor, K.**, & Craske, M.G. (2010, March). Endorsement of Overbreathing Symptoms across Anxiety Disorders in Primary Care. Poster presented at the 30th Annual Conference of the Anxiety Disorders Association of America, Baltimore, MD.

18. Scheller, V., **Wolitzky-Taylor, K.**, Craske, M.G., Mineka, S. & Zinbarg, R. (2010, March). Role of childhood trauma in subsequent adult post-traumatic stress disorder symptom severity. Poster presented at the 30th Annual Conference of the Anxiety Disorders Association of America, Baltimore, MD.
19. Ruggiero, K. J., Stauffacher, K., Resnick, H. S., McCauley, J. L., **Wolitzky-Taylor, K.**, & Acierno, R. (2010). Online post-disaster intervention to promote resilience and recovery: Initial efficacy data. Paper presented at the meeting on Psychological Approaches to Trauma, Resilience, and Growth, Nottingham, UK.
20. **Wolitzky-Taylor, K.B.**, Craske, M.G., Waters, A., Mineka, S., Zinbarg, R., Epstein, A. & Griffith, J. (2010, June). Differential startle reactivity in panic disorder and PTSD: A prospective study. Poster presented at the World Congress of Behavioral and Cognitive Therapies, Boston, MA.
21. Craske, M.G., **Wolitzky-Taylor, K.B.**, Waters, A., Vrshek-Schallhorn, S., Mineka, S., Zinbarg, R., Epstein, A. & Griffith, J. (2010, October). Startle reactivity and its relation to childhood adversity and subsequent risk for anxiety and mood disorders. Symposium paper presented at the Annual Meeting of the Society for Research on Psychopathology, Seattle, WA.
22. Craske, M.G., **Wolitzky-Taylor, K.B.**, Waters, A., Vrshek-Schallhorn, S., Mineka, S., Zinbarg, R., Epstein, A. & Griffith, J. (2010, November). Fear-potentiated startle responses as risk factors for the development of anxiety disorders: Evidence from a multisite, longitudinal investigation. Symposium paper presented at the Annual Meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
23. Mortazavi, A., **Wolitzky-Taylor, K.B.**, Mystkowski, J.L., Yi, R. & Craske, M. (2010, November). Synchrony of self-report and psychophysiological activation in contamination fear. Poster presented at the Annual Meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
24. **Wolitzky-Taylor, K.B.**, Ciesielski, B., Sawchuk, C. & Olatunji, B. (2010, November). Worry and the anxiety disorders: A meta-analytic synthesis of specificity to GAD. Poster presented at the Annual Meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
25. Ruggiero, K., Stauffacher, K., Resnick, H.S., **Wolitzky-Taylor, K.B.**, Zinzow, H., Ruscio, A., Schmidt, N.B., & Acierno, R. (2010, November). Web-based intervention for post-disaster mental health: Preliminary efficacy data. Symposium paper presented at the Annual Meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
26. Poltermann, A., Vrshek-Schallhorn, S., Mineka, S., Zinbarg, R. E., **Wolitzky-Taylor, K. B.**, & Craske, M. (2010, November). Differential associations of six forms of childhood adversity with cognitive vulnerability to depression. Poster presented at the 44th annual convention of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.

27. Loerinc, A. G., **Wolitzky-Taylor, K. B.**, Mineka, S., Zinbarg, R., & Craske, M.G. (March, 2011). Childhood trauma as a predictor of social anxiety: results from a community sample. Poster presented at the Anxiety Disorders Association of America (ADAA), New Orleans, LA.
28. **Wolitzky-Taylor, K.B.**, Arch, J.J., Rosenfield, D. & Craske, M.G. (2011, November). Prognostic and prescriptive moderators of treatment outcome for anxiety disorders: A comparison of cognitive behavioral therapy to acceptance and commitment therapy. Symposium paper presented at the Annual Meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada. (co-chair)
29. Arch, J.J., Ayers, C., **Wolitzky-Taylor, K.B.**, & Craske, M.G. (2011, November). Group CBT and MBSR for anxiety disorders: Outcome and moderation results from a randomized clinical trial in a real-world setting. Symposium paper presented at the Annual Meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Ontario, Canada.
30. Yang, M.Y., **Wolitzky-Taylor, K.B.**, Vrshek-Schallhorn, S., Mineka, S., Zinbarg, R.E., & Craske, M.G., (2011, November). Examining cognitive vulnerability to depressive disorders: Evidence of a cognitive scar? Poster presented at the 45th annual convention of the Association for Behavioral and Cognitive Therapies, Toronto, Ontario, Canada.
31. **Wolitzky-Taylor, K.**, Kobak, K., Craske, M.G., Rose, R. & (2012, April). Web-based therapist training on cognitive behavior therapy for anxiety disorders. Symposium paper presented at the Annual Meeting of the Anxiety Disorders Association of America (ADAA), Arlington, VA.
32. Fries, A. E., **Wolitzky-Taylor, K.**, Craske, M.G., Magaro, M. M., Zinbarg, R., & Mineka, S. (2012, April). Differentiating Emotional Control: Anxiety Control versus Depressive Control. Poster presented at the Anxiety Disorders Association of America Conference (ADAA), Arlington, VA.
33. Dooley, L., **Wolitzky-Taylor, K.**, Fries, A.E., Zinbarg, R., Mineka, S. & Craske, M.G. (2012, April). Depression and anxiety lead to poor health in adolescents. Poster presented at the Annual Conference of the Anxiety Disorders Association of America (ADAA), Arlington, VA.
34. Brown, L.B., **Wolitzky-Taylor, K.**, Rose, R.D., Stein, M.B., Sullivan, G., Sherbourne, C., Bysritsky, A., Lang, A.J., Welch, S., Campbell-Sills, L., Golinelli, D., Roy-Byrne, P., Craske, M.G. Craske, M.G. (2011, November and 2012, April). Change in self-efficacy and treatment outcome expectancy as predictors of therapeutic outcome in the CALM study. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, CN and at the Anxiety Disorders Association of America, Arlington, VA.
35. Vrshek-Schallhorn, S., Mineka, S., Zinbarg, R.E., Craske, M.G., **Wolitzky-Taylor, K.**, Hammen, C., Redei, E.E., & Adam, E.K. (2012, May). Refining the candidate environment: Interpersonal versus non-interpersonal major stressful life events in a gene-environment interaction on depression onset. In: Burmeister, M., and Higley, J.D., Novel approaches to the

study of gene-environment relationships. Symposium presented at the annual meeting of the Society of Biological Psychiatry, Philadelphia, Pennsylvania.

36. Loerinc, A.G., **Wolitzky-Taylor, K.B.**, & Craske, M.G. (2012). Quality of life of anxiety disorder patients in CBT vs. ACT: baseline quality of life as a moderator of treatment outcome. Poster presented at the Association for Behavioral and Cognitive Therapies (ABCT), National Harbor, MD.

37. Niles, A. N., **Wolitzky-Taylor, K. B.**, Burklund, Lisa J., & Craske, Michelle G., (2012) Moderators of treatment outcome for social anxiety disorder: Comparing cognitive behavioral therapy to acceptance and commitment therapy. Association for Behavioral and Cognitive Therapies, National Harbor, MD.

38. **Wolitzky-Taylor, K.B.**, Arch, J.J., Rosenfield, D. & Craske, M.G. (2011, November). Moderators and non-specific predictors of treatment outcome for anxiety disorders: A comparison of cognitive behavioral therapy to acceptance and commitment therapy. Symposium paper presented at the Annual Meeting of the Anxiety Disorders Association of America. San Diego, CA.

39. **Wolitzky-Taylor, K.B.**, Bobova, L., Zinbarg, R., Mineka, S. & Craske, M.G. (2013, November). Longitudinal investigation of the impact of anxiety disorders in adolescence on alcohol use disorder onset and vice versa. Symposium talk presented at the Annual Meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.

40. Deacon, B., Lickel, J.J., Fawzy, T.I. & **Wolitzky-Taylor, K.** (2013, November). Cognitive defusion vs. cognitive restructuring for negative self-referential thoughts: An investigation of process and outcome. Symposium talk presented at the Annual Meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.

41. De Guzman, E.A., Zimmermann, M., **Wolitzky-Taylor, K.**, & Lagomasino, I. (2015, June). Dissemination and implementation of CBT for depression at the AOPC: Examining attitudes, therapy patterns, and level of competency among 3rd year psychiatry residents. Resident poster session, University of Southern California Department of Psychiatry and the Behavioral Sciences.

42. Brown, K., Chaghouri, E., **Wolitzky-Taylor, K.**, & Spector, K. (2015, June). Improving access to substance abuse treatment across hospital services. Resident poster session, University of Southern California Department of Psychiatry and the Behavioral Sciences.

43. **Wolitzky-Taylor, K.**, Rawson, R., Ries, R., Roy-Byrne, P. & Craske, M.G. (2015, September). Adaptation of Coordinated Anxiety Learning and Management (CALM) for comorbid anxiety and substance use disorders: Delivery of evidence-based treatment for anxiety in addictions treatment centers. Symposium talk presented at the Society for Implementation Research Collaborative Conference (R13 conference series), Seattle, WA.

44. **Wolitzky-Taylor, K.**, Zimmermann, M., Arch, J., de Guzman, E., & Lagomasino, I. (2015, November). Has evidence-based psychosocial treatment for anxiety disorders permeated usual

care at adult community mental health settings? Symposium talk presented at the Annual Conference for the Association for Cognitive and Behavioral Therapies. Chicago, IL. (co-Chair of Symposium, Looking for Evidence of Evidence-Based Practice in Routine Care: What Practices Have Closed the Gap?).

45. **Wolitzky-Taylor, K.**, Rawson, R., Roy-Byrne, P., Ries, R. & Craske, M.G. (2015, November). Coordinated Anxiety Learning and Management for Addiction Recovery Centers (CALM ARC): A Randomized clinical trial investigating the effectiveness of CBT for anxiety disorders in community addictions treatment centers. Symposium talk presented at the Annual Conference for the Association for Cognitive and Behavioral Therapies. Chicago, IL. (Chair of Symposium, Anxiety and Substance Use Disorder Comorbidity across the Translational Model: From Laboratory Discoveries to Clinical Outcomes to Treatment Delivery).

46. Niles, A. N., Arch, J. J. **Wolitzky-Taylor, K. B.**, Craske, M. G. (2015, November). Increasing the Power of Moderation Analysis: Application of a Combined Moderator Approach to Treatment Dropout from ACT vs. CBT for Anxiety Disorders. Symposium talk presented at the Annual Conference for the Association for Cognitive and Behavioral Therapies. Chicago, IL. (co-Chair of Symposium, New Developments towards the Personalized Treatment of Anxiety Disorders).

47. Schneider, R., Arch, J.J., **Wolitzky-Taylor, K.** (2015, November). The State of Personalized Treatment for Anxiety Disorders: A Systematic Review of Treatment Moderators. Symposium talk presented at the Annual Conference for the Association for Cognitive and Behavioral Therapies. Chicago, IL. (co-Chair of Symposium, New Developments towards the Personalized Treatment of Anxiety Disorders).

48. Viar-Paxton, M. **Wolitzky-Taylor, K.**, Kim, E.H., Raj, S.R. & Olatunji, B.O. (2015, November). Effects of trait suppression on heart rate responding during a cardiovascular challenge. Poster presented at the Annual Conference for the Association for Cognitive and Behavioral Therapies. Chicago, IL.

49. Blakey, S. M., Kemp, J. J., **Wolitzky-Taylor, K.**, Sy, J., Deacon, B. J. (2015, November). Differential effects of safety behavior utilization versus safety behavior availability on inhibitory learning during exposure therapy. Symposium talk presented at the Annual Conference for the Association for Cognitive and Behavioral Therapies. Chicago, IL.

50. Lacsina, J., Tang, V. **Wolitzky-Taylor, K.**, Jaque, J., & Dossett, E. (2015, November). Awareness, perceptions, and attitudes towards perinatal mental health amongst predominantly Hispanic women receiving prenatal care. Poster presented at the 2nd biennial Perinatal Mental Health Conference. Chicago, IL.

51. Pendi A, Ashraf J, Lee D, Pendi K, **Wolitzky-Taylor KB**, Sugar J, Baron DA. Depression and social stigma in undergraduate students. Oral presentation: 1st Global Men's Health Summit and Update Courses; 2015 Dec 2-5; Panama City, Panama.

52. Kobak, K., **Wolitzky-Taylor, K.**, Craske, M.G. & Rose, R. (2016, April). Therapist training on cognitive behavior therapy for anxiety disorders: A pilot study. Poster presented at the Annual Meeting of the Anxiety and Depression Association of America. San Diego, CA.
53. De Guzman, E.A., Zimmermann, M., **Wolitzky-Taylor, K.**, & Lagomasino, I. (2016, May). Dissemination and Implementation of CBT for Depression: Examining Attitudes, Therapy Patterns and Level of Competency Among 3rd Year Clinic Residents. Poster presented at the Annual Meeting of the American Psychiatric Association.
54. **Wolitzky-Taylor, K.** (2016, May). Improving the treatment of anxiety disorders. Keynote address presented at the Ventura County Behavioral Health Conference. Ventura, CA.
55. Vinograd, M., Bobova, L., Vrshek-Schallhorn, S., **Wolitzky-Taylor, K.**, Mineka, S., Zinbarg R.E., & Craske, M.G. (2016, April). Neuroticism and interpretive bias as predictors of mood and anxiety symptomatology in young adults. Anxiety and Depression Conference, Philadelphia, PA.
56. **Wolitzky-Taylor, K.** (2016, October). Integrating anxiety disorder treatment into substance use disorder specialty care. Invited talk presented at the Annual Statewide Conference Integrating Substance Use, Mental Health, and Primary Care. Los Angeles, CA.
57. McGlade, A.L., Tanner, A.S., **Wolitzky-Taylor, K.B.**, Craske, M.G., Zinbarg, R.E., & Mineka, S. (2016, October). The impact of childhood trauma, personality and temperament on psychopathology. Poster presented at the Association for Behavioral and Cognitive Therapies 50th Annual Meeting, New York City, NY.
58. **Wolitzky-Taylor, K.** (2016, October). Where we've been and where we're going: Our evolving understanding of how CBT works. Panel discussion presented at the Annual Conference for the Association for Cognitive and Behavioral Therapies. New York, NY.
59. Tanner, A.S., McGlade, A.L., **Wolitzky-Taylor, K.B.**, Craske, M.G., Zinbarg, R.E., & Mineka, S. (2016, October). The impact of childhood trauma and neuroticism on chronic life stress. Poster presented at the Association for Behavioral and Cognitive Therapies 50th Annual Meeting, New York City, NY.
60. Pendi A, Ashraf J, **Wolitzky-Taylor KB**, Lee D, Sugar J, Pendi K, Lee J, Baron DA. Depression and social stigma in undergraduate students. Poster presentation: 7th International Regional "Stress and Behavior" Neuroscience and Biopsychiatry Conference (North America); 2016 Jun 22-24; Miami Beach, FL, USA.
61. Pendi A, Ashraf J, **Wolitzky-Taylor KB**, Lee D, Sugar J, Pendi K, Lee J, Baron DA. The association between depression severity and social stigma in undergraduate students. Poster presentation: 29th Annual U.S. Psychiatric and Mental Health Congress; 2016 Oct 22-23; San Antonio, TX, USA.

62. Pendi A, Ashraf J, Tsai J, Liu C, Abou El Magd S, Gohar S, Khalil M, **Wolitzky-Taylor K**, Lee D, Baron DA. Do Stigmatized beliefs differ according to depression severity in Taiwanese university students? Poster presentation: 29th Annual U.S. Psychiatric and Mental Health Congress; 2016 Oct 22-23; San Antonio, TX, USA.
63. Pendi A, Ashraf J, **Wolitzky-Taylor K**, Abou El Magd S, Gohar S, Khalil M, Tsai F-J, Liu C, Lee D, Baron DA. Depression and depression-specific stigma in American graduate students at a large metropolitan university: preliminary findings of a cross-sectional study. Poster presentation: 29th Annual U.S. Psychiatric and Mental Health Congress; 2016 Oct 22-23; San Antonio, TX, USA.
64. Pendi A, Ashraf J, **Wolitzky-Taylor KB**, Lee D, Sugar J, Pendi K, Lee J, Baron DA. The association between depression severity and stigmatized beliefs in American college students. Poster presentation: International Neuroscience and Biological Psychiatry “Translational Neuroscience of Stress” ISBS Symposium; 2016 Nov 10-11; San Diego, CA, USA.
65. Pendi A, Valdez AJ, Aguilar J, Lee D, Lee J, Pendi K, **Wolitzky-Taylor KB**, Safani D. Intimate partner violence, anxiety, and depression in university students: preliminary findings of a cross-sectional study. Poster presentation: Social and Affective Neuroscience (SANS) 10th Annual Meeting; 2017 Mar 16-18, Los Angeles, CA, USA.
66. Pendi K, Pendi A, Ashraf J, **Wolitzky-Taylor KB**, Lee D, Sugar J, Lee J, Baron DA. Depression severity and depression stigma in undergraduate university students. Oral presentation: 11th International Regional “Stress and Behavior” Neuroscience and Biopsychiatry Conference (North America); 2017 June 22-24; Miami Beach, FL, USA.
67. Pendi A, Valdez AJ, Aguilar J, Lee D, Lee J, Pendi K, **Wolitzky-Taylor KB**, Safani D. The association between intimate partner violence and anxiety and depression: preliminary findings of a survey of university students. Oral presentation: 16th World Congress on Psychiatry and Psychological Syndromes; 2017 April 24-25; Las Vegas, NV, USA.
68. Lee D, Pendi A, Ashraf J, **Wolitzky-Taylor KB**, Sugar J, Pendi K, Lee J, Baron DA. The association between depression severity and stigmatized beliefs in graduate students: preliminary findings of a cross-sectional study. Poster presentation: Society of General Internal Medicine (SGIM) 2017 Annual Meeting; 2017 Apr 19-22; Washington, DC, USA.
69. Lee D, Pendi A, Valdez A, Aguilar J, **Wolitzky-Taylor KB**, Lee J, Pendi K, Safani D. Anxiety and depression in university students experiencing intimate partner violence: preliminary findings of a cross-sectional study. Poster presentation: Society of General Internal Medicine (SGIM) 2017 Annual Meeting; 2017 Apr 19-22, Washington, DC, USA.
70. Pendi K, Pendi A, Ashraf J, **Wolitzky-Taylor KB**, Lee D, Sugar J, Lee J, Baron DA. Depression severity and depression stigma in American graduate university students. Poster presentation: 11th International Regional “Stress and Behavior” Neuroscience and Biopsychiatry Conference (North America); 2017 June 22-24; Miami Beach, FL, USA.

71. Pendi K, Pendi A, Valdez AJ, Lee D, Lee J, **Wolitzky-Taylor KB**, Aguilar JL, Safani D. The prevalence of intimate partner violence in university students and its association with anxiety and depression severity. Poster presentation: 11th International Regional “Stress and Behavior” Neuroscience and Biopsychiatry Conference (North America); 2017 June 22-24; Miami Beach, FL, USA.
72. **Wolitzky-Taylor, K.**, Guillot, C., Kirkpatrick, M., McBeth, J., Pang, R., Zvolensky, M., Buckner, J. & Leventhal, A. (2017, November). Investigating transdiagnostic processes to explain the associations between anxiety symptoms and alcohol and cannabis use in adolescents. Symposium talk presented at the annual conference for the Association for Behavioral and Cognitive Therapies. San Diego, CA.
73. **Wolitzky-Taylor, K.**, Krull, J., Rawson, R. Roy-Byrne, P., Ries, R. & Craske, M.G. (2017, November). Coordinated Anxiety Learning and Management for Addiction Recovery Centers (CALM ARC): Adherence, Outcomes, Moderators, and Mediators. Symposium talk presented at the annual conference for the Association for Behavioral and Cognitive Therapies. San Diego, CA.
74. Stewart, A., **Wolitzky-Taylor, K.**, Vrshek-Schallhorn, S., Zinbarg, R., Mineka, S., Hammen, C., Bobova, L., Adam, E.K., & Craske, M.G. (2017, November). Considering substance use disorder as a mediator in the relationship between adolescent adversity and early adulthood physical health. Poster presented at the annual conference for the Association for Behavioral and Cognitive Therapies. San Diego, CA.
75. **Wolitzky-Taylor, K.**, Niles, A., Ries, R., Rawson, R., Krull, J., Roy-Byrne, P. & Craske, M.G. (2018, May). Who needs more than standard care? Treatment moderators in a randomized clinical trial comparing addiction treatment alone to addiction treatment plus anxiety treatment for comorbid anxiety and substance use disorders. Symposium talk presented at the annual conference for the Association for Psychological Science. San Francisco, CA.
76. **Wolitzky-Taylor, K.** (November, 2019). Extending the reach of exposure therapy: How can we maximize dissemination and delivery? Panel discussion presented at the Annual Conference for the Association for Cognitive and Behavioral Therapies. Atlanta, GA.
77. Landy, L., Tobias, M., **Wolitzky-Taylor, K.**, & Arch, J. (November, 2019). Patient-level barriers to evidence-based treatment seeking in anxiety disorders: Linking a systematic review to novel intervention. Symposium talk presented at the Annual Conference for the Association for Cognitive and Behavioral Therapies. Atlanta, GA.
78. Vinograd, M., **Wolitzky-Taylor, K.**, Congdon, E., Arnaudova, I., Freimer, N. & Craske, M. (November, 2019). Routine outcome monitoring and treatment delivery in an interprofessional mental health setting. Poster presented at the Annual Conference for the Association for Cognitive and Behavioral Therapies. Atlanta, GA.

79. **Wolitzky-Taylor, K.** (November, 2020). Targeting anxiety in cannabis use disorder. Keynote symposium panel presented at the West Coast Symposium of Addictive Disorders. Palm Springs, CA.
80. **Wolitzky-Taylor, K.** (November, 2021). Targeting maladaptive reactivity to negative affect in young adults with cannabis use disorder. Symposium talk presented at the Annual Conference for the Association for Cognitive and Behavioral Therapies. New Orleans, LA (Symposium Chair).
90. McDermott, T.J., Akeman, E., Santiago, J., Touthang, J., Cosgrove, K.T., Cannon, M.J., Berg, H., Clausen, A.N., Kirlic, N., Smith, R., Martell, C.R., **Wolitzky-Taylor, K.B.**, Craske, M.G., Abelson, J.L., Bodurka, J., Paulus, M.P., & Aupperle, R.L. (2022, March). *Neural predictors of behavioral therapy response during approach-avoidance conflict decision-making in adults with generalized anxiety disorder*. Poster presentation at the annual meeting of the Anxiety and Depression Association of America (ADAA), Denver, CO, USA.
89. Berg, H., McDermott, T.J., Akeman, E., Santiago, J., Touthang, J., Cosgrove, K.T., Cannon, M.J., Berg, H., Clausen, A.N., Kirlic, N., Smith, R., Martell, C.R., **Wolitzky-Taylor, K.B.**, Craske, M.G., Abelson, J.L., Bodurka, J., Paulus, M.P., & Aupperle, R.L. (2022, March). *Behavioral activation and exposure-based therapies modulate dorsolateral prefrontal cortex activity during approach-avoidance conflict decision-making*. Poster presentation at the annual meeting of the Anxiety and Depression Association of America (ADAA), Denver, CO, USA.
90. **Wolitzky-Taylor, K.** (2022, October). *Mental health and substance use disorder integration*. Talk presented at the annual LA Care Behavioral Health Conference. Los Angeles, CA, USA.
91. **Wolitzky-Taylor, K.**, Eisenberg, D., & Johnson, A. (2022, November). *Screening, tracking, and treating anxiety and depression in community colleges*. Talk presented at the Statewide Conference for the Health Services Association of California Community Colleges. Virtual, California, USA.
92. Wang, S., Forbes, C., Cullen, B., **Wolitzky-Taylor, K.**, Zinbarg, R. & Craske, M. (2023, April). Relationships between life stress and alcohol use differ by race/ethnic identity. Poster to be presented at the annual meeting of the Anxiety and Depression Association of America (ADAA), Washington, D.C., USA.
93. Berg, H., McDermott, T.J., Akeman, E., Santiago, J., Touthang, J., Cosgrove, K.T., Cannon, M.J., Yeh, H.-Y., Clausen, A.N., Kirlic, N., Thompson, W., Choquette, E., Sturycz-Taylor, C., Smith, R., Martell, C.R., **Wolitzky-Taylor, K.B.**, Craske, M.G., Abelson, J.L., Bodurka, J., Paulus, M.P., & Aupperle, R.L. (2023, April). *Behavioral activation and exposure therapy improve anxiety symptoms and alter neural processing of approach-avoidance conflict*. Poster presented at the Anxiety and Depression Association of America (ADAA) Conference, Washington, DC.

94. Wolitzky-Taylor, K. (2023, November). Panel Discussion: Evaluating Training Models for Clinical Science Doctoral Programs. Panel to be presented at the annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), Seattle, WA.

95. Wong, M., Sharf, K., Magzoub, E., Grigoryan, G., Martinez, L., Kodish, T., **Wolitzky-Taylor, K.**, Craske, M.G. (2023, November). Evaluating Outcomes of College Student Peer Mental Health Coach Trainees Supporting the Implementation of STAND Digital Therapy. Poster accepted for presentation at 57th Annual Association for Behavioral and Cognitive Therapies (ABCT) Convention.

96. Berg, H., McDermott, T.J., Akeman, E., Santiago, J., Touthang, J., Cosgrove, K.T., Cannon, M.J., Berg, H., Clausen, A.N., Kirlic, N., Smith, R., Martell, C.R., **Wolitzky-Taylor, K.B.**, Craske, M.G., Abelson, J.L., Bodurka, J., Paulus, M.P., & Aupperle, R.L. (2022, December). *Behavioral activation and exposure therapy improve anxiety symptoms and alter neural processing of approach-avoidance conflict*. Poster presented at the annual meeting of the American College of Neuropsychopharmacology (ACNP), Phoenix, AZ.

97. Ren, X., White, E., Nacke, M., Akeman, E., Cannon, M., Mayeli, A., Thouthang, J., Zoubi, O., McDermott, T., Kirlic, N., Santiago, J., Kuplicki, R., Paulus, M., Craske, M., **Wolitzky-Taylor, K.**, Abelson, J., Martell, C., Clausen, A., Aupperle, R., & Stewart, J. (2022, August). Blunted Stimulus Preceding Negativity and Insula Cortical Activity During Reward Anticipation in Major Depressive Disorder. Presented at annual conference in San Diego, CA.

98. White, B., Lindsay, J., Greene, C., **Wolitzky-Taylor, K.**, Cully, J., Cucciare, M., Ecker, A.H. (2024 May) *VA Coordinated Anxiety Learning and Management for Transdiagnostic Treatment of Co-occurring Anxiety and Substance Use: A Pilot Study*. [Poster session]. Center for Innovations in Quality, Effectiveness and Safety (IQEST) VA Research Week Symposium, Houston, TX, United States

99. Choukas, N.R., Chatteraj, T., Hew, Y.J., Aras, S., Craske, M.G., **Wolitzky-Taylor, K.B.**, & Cohen, Z.D. (2024, June). Understanding Digital Therapy Response Through Digital Phenotyping: Protocol for a Pilot Study in Community College Students. Symposium to be presented at the International Society for Research on Internet Interventions 12th Annual Scientific Meeting. Limerick, Ireland.

100. Reinos Segovia, F. A., Pichon, P., Amir, H., Tondravi, L., Aguilar Silvan, Y., Craske, M. G., & **Wolitzky-Taylor, K.**, (2024, October). Peer Coaches' Perspectives on UCLA's STAND Mental Health Program. Poster presented at the 2024 National Latinx Psychological Association Conference, San Juan, Puerto Rico.

101. Calderon, V., Saravia, D., Alacam, E., **Wolitzky-Taylor, K.**, Craske, M., Chavira, D. A. (2024, October). Familismo, stigma, and mental health attitudes on uptake of a digital mental health intervention among Latinx community college students. [Symposium presentation]. National Latinx Psychological Association Conference, San Juan, Puerto Rico.

102. Cohen ZD, Barnes-Horowitz N, Forbes C, Choukas N, Chatteraj T, **Wolitzky-Taylor K**, Craske MG. (November, 2024). Advancing treatment personalization by identifying and targeting idiographic psychopathological mechanisms. Chairs: Kushner M, Frumkin M. Talk Title: Using a New Conceptual Framework for Measuring Active Elements of Cognitive-Behavioral Therapies to Support Idiographic (and Nomothetic) Targeting in Precision Digital Therapy. Annual Meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia ,PA.
103. Reinos Segovia, F. A., Kodish, T., Pichon, P., **Wolitzky-Taylor, K.**, Craske, M. G., & Chavira, D. A. (2024, October). Understanding and Supporting the Mental Health Needs of Latinx Community College Students in the Era of Digital Mental Health Interventions. Symposium presented at the 2024 National Latinx Psychological Association Conference (NLPA), San Juan, Puerto Rico.
104. Wen, A., **Wolitzky-Taylor, K.**, Craske, M.G. (2024, November). Using a Predictive Algorithm for Triaging and Adapting Level of Psychological Care for Depression and Anxiety: Results from the STAND Program. In Sarfan, L.D. (Chair), Innovations to evidence-based practices: Enhancing engagement, outcomes, and access. Symposium presented at the Association for Behavioral and Cognitive Therapies (ABCT) annual convention in Philadelphia, PA.
105. Chu, K.A., Wen, A., Wong, M., Sanders, A., Sharf, K., **Wolitzky-Taylor, K.**, & Craske, M.G. (2024, October). Predicting latent profiles of early life adversity and depression. Poster presented at the Annual Meeting of the International Society for Developmental Psychobiology in Chicago, IL.
106. Mendes, L., Wen, A., **Wolitzky-Taylor, K.** Craske, M.G. (2024, November). Optimizing Substance Use Disorder Outcomes: Efficacy of Integrated and Disorder Non-Specific Interventions. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies (ABCT) in Philadelphia, PA.
107. Kodish, T., Segovia, F.R., Pichon, P., **Wolitzky-Taylor, K.**, Craske, M.G., Mohr, D., Chavira, D., (November 2025). Codesign and Pilot of a Text-Messaging Intervention to Increase Uptake of Mental Health Services among Latinx Community College Students. Paper accepted for symposium at the Association for Behavioral and Cognitive Therapies 59th Annual Convention, New Orleans, LA.
108. Calderon, V., Saravia, D., Wong, M., Ramirez, M., Song, K., Hamilton, A., Gibbons, R., **Wolitzky-Taylor, K.**, Craske, M., & Chavira, D. A., (2025, November). “Why go to therapy when we’re here”: Exploring the role of family on Latine community college students’ conceptualizations of mental health and adoption of a digital mental health intervention. Symposium presented at the 59th Annual Association for Behavioral and Cognitive Therapies (ABCT), New Orleans, LA.
109. Chu, K.A., Wen, A., Wong, M., Sanders, A., Sharf, K., **Wolitzky-Taylor, K.**, & Craske, M.G. Predicting Latent Profiles of Adversity and Internalizing Psychopathology. Symposium

presented at the 59th Annual Association for Behavioral and Cognitive Therapies (ABCT), New Orleans, LA.

110. Reinos Segovia, F. A., Kodish, T., Pichon, P., **Wolitzky-Taylor, K.**, Craske, M. G., & Chavira, D. A. (accepted). Understanding and Addressing the Mental Health Needs of Latinx Community College Students: Implementation Strategies for Digital Mental Health Interventions. Symposium presented at the 59th Annual Association for Behavioral and Cognitive Therapies (ABCT), New Orleans, LA.

111. Wen, A., **Wolitzky-Taylor, K.**, Craske, M.G. (2025, November). Exploring the Role of Emotion Regulation Flexibility in Ethnoracial Minority Young Adults Receiving Depression and Anxiety Treatment. In *Gomez, G. & *Chu, K. (Co-Chairs), Emotion Regulation Processes in Marginalized Young People: Implications for The Treatment and Assessment of Internalizing Disorders. Symposium presented at the Association for Behavioral and Cognitive Therapies in New Orleans, LA.

RESEARCH EXPERIENCE

- July 2025-present *Professor*
University of California-Los Angeles, Department of Psychiatry and the Biobehavioral Sciences, Semel Institute, Integrated Substance Abuse Programs, Los Angeles, CA
Principal Investigator of several NIH-funded studies
- July 2019-June 2025 *Associate Professor*
University of California-Los Angeles, Department of Psychiatry and the Biobehavioral Sciences, Semel Institute, Integrated Substance Abuse Programs, Los Angeles, CA
Principal Investigator of several NIH-funded studies
- Aug 2015-June 2019 *Assistant Professor*
University of California-Los Angeles, Department of Psychiatry and the Biobehavioral Sciences, Semel Institute, Integrated Substance Abuse Programs, Los Angeles, CA
Principal Investigator of several NIH-funded studies
- Nov 2012-July 2015 *Assistant Professor*
University of Southern California, Department of Psychiatry and the Behavioral Sciences, Los Angeles, CA
Principal Investigator: Adaptation of CALM for Comorbid Anxiety and Substance Use Disorders (NIDA-funded K23)
Director: Anxiety and Associated Disorders Clinical Research Program (AAD Program)
- Aug 2012-Nov 2012 *Research Psychologist*

UCLA Anxiety Disorders Research Center, Department of Psychology,
Los Angeles, CA

Principal Investigator: Adaptation of CALM for Comorbid Anxiety and
Substance Use Disorders (NIDA-funded K23)

Aug 2009-July 2012 *Project Director*

Anxiety Disorders Research Center; University of California-Los Angeles,
Department of Psychology, Los Angeles, CA

Principal Investigator: Michelle Craske, Ph.D.

Study: Common and specific risk factors for emotional disorders (NIMH-
funded R01)

Nov 2003-Dec 2008 *Principal Investigator*

Laboratory for the Study of Anxiety Disorders; University of Texas at
Austin, Department of Psychology, Austin, TX

Director/Supervisor: Michael J. Telch, Ph.D.

Studies: Manipulating parameters of exposure treatment for social phobia,
public speaking type: Do type of speech and audience feedback impact
outcome? (Sept 2005-Dec 2008)

Evaluating the efficacy of self-administered interventions to reduce
pathological academic worry (NIMH-funded; Apr 2005-Jan 2008)

Placebo-controlled trial investigating the efficacy of encouraging
oppositional actions during *in vivo* exposure therapy for acrophobia (Nov
2003-Dec 2005)

Aug 2007-Aug 2008 *Visiting Scholar/Extern*

National Crime Victims Research and Treatment Center (NCVC);
Medical University of South Carolina, Charleston, SC

Supervisor: Kenneth Ruggiero, PhD

Studies: Development and evaluation of a Web-based intervention for
disaster victims (NIMH-funded); Assisted with the following VA grant
proposals: PE-Web: Online training for VA providers in prolonged
exposure for PTSD; Web intervention for veterans at risk for PTSD and
substance abuse

Aug 2007-Jul 2008 *Research Coordinator/Clinical Assessment Specialist*

Ralph H. Johnson VA Medical Center, Charleston, SC

Supervisors: Zhewu Wang, M.D. and Mark Hamner, M.D.

Studies: A placebo-controlled trial of adjunctive quetiapine fumarate for
refractory PTSD; Monoamine transporter genes: PTSD with substance
dependence risk factor

May 2007

Graduate Research Assistant/Diagnostic Assessment Primary Trainer

Laboratory for the Study of Anxiety Disorders; University of Texas at
Austin, Department of Psychology, Austin, TX

Director/Supervisor/Principal Investigator: Michael J. Telch, Ph.D.

Study: A prospective risk assessment of post-traumatic stress disorder (PTSD) and other indices of psychosocial dysfunction among soldiers deployed in Iraq [Department of Defense (DOD)-funded]

- Aug 2003-Dec 2006 *Graduate Research Coordinator/Co-Principal Investigator*
Laboratory for the Study of Anxiety Disorders; University of Texas at Austin, Department of Psychology, Austin, TX
Director/Supervisor/Principal Investigator: Michael J. Telch, Ph.D.
Study: Safety behavior fading in cognitive behavioral treatment for panic disorder with and without agoraphobia
- Jul 2005-Aug 2005 *Graduate Research Assistant*
Harborview Medical Center, University of Washington
Department of Psychiatry, Seattle, WA
Director/Supervisor: Peter Roy-Byrne, M.D.
- Jul 2004-Aug 2004 *Stanley Scholar Research Fellow*
Medical University of South Carolina, Department of Psychiatry
Anxiety Disorders Program, Charleston, SC
Supervisor/Principal Investigator: Olga Brawman-Mintzer, M.D.
Studies: Double-blind, placebo-controlled study of escitalopram in the treatment of elderly Veteran subjects diagnosed with DSM-IV generalized anxiety disorder; Study of quetiapine fumarate in the treatment of subjects diagnosed with DSM-IV generalized anxiety disorder
- Aug 2000-May 2002 *Lead Research Assistant*
Emory University, School of Medicine, Section of Psychiatry
Emory Clinic, Trauma and Anxiety Recovery Program, Atlanta, GA
Director/Principal Investigator: Barbara O. Rothbaum, Ph.D.
Studies: A controlled study of eye movement desensitization and reprocessing (EMDR) versus prolonged exposure in the treatment of post-traumatic stress disorder in rape victims; Treatment combination of sertraline and prolonged exposure therapy for PTSD patients
- Aug 2001-May 2002 *Undergraduate Honors Thesis Research*
Emory University, Psychology Department and School of Medicine, Department of Psychiatry, Atlanta, GA
Research conducted at Egelston Children's Hospital
Research Advisors: Barbara O. Rothbaum, Ph.D., Elana Zimand, Ph.D., and Robyn Fivush, Ph.D.
Study: Parental and child coping and distress in pediatric cancer patients undergoing invasive medical procedures, in addition to examining virtual reality as a distracter for painful procedures in pediatric cancer patients (Received highest honors at thesis defense)
- Jun 2001-Jul 2001 *Intensive Summer Research Program Student*

Georgia Institute of Technology, Atlanta, GA; Program conducted at Zoo Atlanta, and in Kenya and South Africa
 Director/Supervisor: Tara Stoinski, Ph.D.
 Field Work in Animal Behavior; Intensive study of comparative psychology and training in behavioral field research of animals

- May 2001 *Research Assistant*
 University of Arizona, Department of Psychology, Tucson, AZ; Research conducted in La Paz and Hermosillo, Mexico
 Supervisor/Principal Investigator: Aurelio J. Figueredo, Ph.D.
 Study: Evolutionary psychological theory of aggression across hunting, gathering, and farming societies
- Aug 2000-Dec 2000 *Research Assistant*
 Emory University, School of Medicine, Department of Psychiatry, Atlanta, GA
 Principal Investigator/Supervisor: Claire Coles, Ph.D.
 Study: Longitudinal study of maternal substance abuse and child development
- Jun 2000-Aug 2000 *Research Assistant*
 Saint Vincent's Hospital, Department of Psychiatry, New York, NY
 Principal Investigator/Supervisor: Jeannette Cueva, M.D.
 Studies: A double blind, multi-center study comparing the safety and efficacy of ziprasidone to olanzapine in patients with schizophrenia or schizoaffective disorder needing inpatient care;
 Olanzapine plus fluoxetine combination therapy in treatment resistant depression-a dose ranging study

CLINICAL EXPERIENCE

Clinical Positions

- Jul 2026-present *Attending Psychologist*
 UCLA Anxiety Disorders Clinic
 Los Angeles, CA
- Jul 2024-present *Clinical Psychologist*
 UCLA Behavioral Health Service
- Jan 2023-present *Practicum Training Director and Clinical Supervisor*
 UCLA/DMH Telemental Health Hub/STAND Partnership Clinic
 Los Angeles, CA
- Mar 2018-Dec2023 *Director of Clinical Services*
Practicum Training Director

- UCLA Depression Grand Challenge Screening and Treatment for Anxiety and Depression (STAND) Clinic (formerly Innovative Treatment Network)
Los Angeles, CA
- June 2018-present *Practicum Training Director and Clinical Supervisor*
UCLA Integrated Substance Abuse Program Clinical Psychology
Practicum Track
Semel Psychology Practicum Program
Los Angeles, CA
- Aug 2015-present *Clinical Psychologist*
UCLA Adult Division of Psychiatry Faculty
University of California-Los Angeles
Faculty Practice
Specializing in anxiety and related disorders
- July 2021-June 2023 *Comorbid PTSD/Substance Use Disorders Track Director*
UCLA Wounded Warrior Project/Operation Mend
Los Angeles, CA
- July 2020-June 2023 *Behavioral Health Services*
Clinical Psychologist and Psychiatry Resident CBT Rotation Training Director
UCLA
Los Angeles, CA
- Dec 2017-June 2020 *Anxiety Disorder Section Lead*
Anxiety Disorders Clinic Director
Greater Los Angeles Veterans Administration
Los Angeles, CA
- Oct 2015-June 2020 *Lead Clinical Psychologist*
University of California-Los Angeles
Sports Psychiatry Service
- Nov 2012-July 2015 *Clinical Psychologist*
University of Southern California
Faculty Practice
Specializing in anxiety and related disorders and OCD Treatment and Research Program psychologist
- Dec 2010-Dec 2012 *Clinical Psychologist in private practice*
Los Angeles, CA
Specializing in anxiety and related disorders
- Oct 2009-Sept 2010 *Psychological Assistant*

Private practice associate of Michael Cameron, Ph.D
Los Angeles, CA

- Aug 2008-July 2009 *Psychology Intern*
Medical University of South Carolina/VA Medical Center Consortium,
Charleston, SC
Traumatic Stress Track
Rotations: National Crime Victims Research and Treatment Center,
Lowcountry Children's Center, MUSC Center for Drug and Alcohol
Programs, VA PTSD Clinic
Supervisors: Heidi Resnick, Ph.D., Kenneth Ruggiero, Ph.D., John
Roitzsch, Ph.D., and Ron Acierno, Ph.D.
Cognitive behavioral therapy for children, adolescents, and adults with
PTSD and other trauma-related problems; CBT and motivational
enhancement therapy for substance use disorders
- Jun 2005-May 2008 *Associate Therapist*
University of Texas, Department of Psychology, Advanced Practicum;
Laboratory for the Study of Anxiety Disorders and Private Practice of
Michael J. Telch, Ph.D., Austin, TX
Supervisor: Michael J. Telch, Ph.D.
Cognitive behavioral therapy for anxiety disorders and depression,
individual patients (adults and children)
- Jul 2006-May 2007 *Advanced Practicum Student Therapist*
Supervisor: Elayne Lansford, Ph.D., Austin, TX
Control mastery, behavioral, and psychodynamic approaches to couples
therapy
- Oct 2006-May 2007 *Assessment Specialist*
South Austin Testing Clinic, Austin, TX
Director/Supervisor: Manuel Ramirez, Ph.D.
Intellectual assessment for legal aid and disabilities services
- May 2006-Dec 2006 *Advanced Practicum Student Therapist*
Center for Survivors of Torture, Austin/Dallas, TX
Director/Supervisor: Manuel Balbona, Ph.D.
Individual and group therapy for political asylum seekers and refugees
who are survivors of torture; forensic assessment and report writing
- Sept 2005-May 2006 *Graduate Student Therapist*
University of Texas, Counseling and Mental Health Center, Austin, TX
Practicum Director and Supervisor: Mark Zentner, Ph.D.
Individual interpersonal therapy for problems such as anxiety disorders,
mood disorders, eating disorders, adjustment disorders

- Jul 2005-Aug 2005 *Consultant and Therapist*
University of Washington, Harborview Medical Center, Seattle, WA
Supervisor: Amy Wagner, Ph.D.
Co-facilitator and consultant for inpatient cognitive behavioral group program
- Aug 2004-Jun 2005 *Graduate Student Therapist, Practicum Student*
University of Texas at Austin, Department of Psychology, Clinical Psychology Training Clinic, Austin, TX
Directors/Supervisors: Martita Lopez, Ph.D. and Michael J. Telch, Ph.D.
Comprehensive assessments and report writing; individual cognitive behavioral treatment for anxiety, mood, and personality disorders
- Jan 2004-May 2004 *Assessment Practicum Student*
University of Texas at Austin, Department of Psychology, Clinical Psychology Training Clinic, Austin, TX
Supervisors: Kim Fromme, Ph.D. and Cindy Meston, Ph.D.
Clinical interviewing, administration, scoring, interpretation, and report writing for the WAIS-III, WISC-III, and MMPI-2
- Feb 2003-Jul 2003 *Case Advocate*
COPE Behavioral Services, Health Promotions, Tucson, AZ
Harm reduction services to HIV+ substance abusers
- Oct 2002-Feb 2003 *Court-Ordered Treatment Case Manager*
COPE Behavioral Services, Tucson, AZ
- Jul 2002-Oct 2002 *Case Manager*
COPE Behavioral Services, Tucson, AZ
- Oct 2000-May 2002 *Crisis Counselor, Victim Advocate and Counselor Mentor*
DeKalb Rape Crisis Center, Atlanta, GA
- May 1999-Aug 1999 *Group Therapy Co-Facilitator*
CODAC Behavioral Health Services, Tucson, AZ
- Clinical Research Positions**
- July 2025-present *Clinical Assessor*
UCLA, Semel Institute for Neuroscience and Human Behavior, Los Angeles, CA
Principal Investigator: Ziva Cooper, Ph.D.
Studies: several experimental studies investigating the effects of cannabinoids
- March 2015-2016 *RCT Protocol Therapist*

UCLA, Department of Psychology, Anxiety and Depression Research Center, Los Angeles, CA
 Principal Investigator: Michelle Craske, Ph.D
 Study: Optimal exposure treatment: Comparison of fear habituation and inhibitory learning models

Aug 2009-July 2012 *RCT Protocol Therapist*

UCLA, Department of Psychology, Anxiety Disorders Research Center, Los Angeles, CA
 Principal Investigator: Michelle Craske, Ph.D
 Studies: Neural mediators of behavior therapy (NIMH); Emotion regulation in anxiety disorders

Aug 2008-Jan 2009 *RCT Protocol Therapist*

Medical University of South Carolina, Department of Psychiatry and Behavioral Sciences, Charleston, SC
 National Crime Victims Research and Treatment Center
 Principal Investigator: Carla Danielson, Ph.D
 Study: Risk reduction for drug use and sexual revictimization (NIDA)

Aug 2007-Jul 2008 *RCT Clinical Assessment Assistant*

Ralph H. Johnson Veterans Administration (VA) Medical Center, Charleston, SC
 Supervisors: Mark Hamner, M.D., and Zhewu Wang, M.D.
 Administration of diagnostic interviews (Mini International Neuropsychiatric Inventories; MINI), Hamilton Depression Scale (HAM-D), Clinician Administered PTSD Scale (CAPS), Positive and Negative Syndrome Scale (PANSS), self-report measures

Aug 2003-May 2007 *Therapist and Assessor as part of treatment outcome studies*

University of Texas at Austin, Department of Psychology, Laboratory for the Study of Anxiety Disorders, Austin, TX
 Director/Supervisor: Michael J. Telch, Ph.D.
 Studies:
Social phobia, public speaking treatment study:
 Individual treatment sessions of exposure for social phobia, administration of structured diagnostic interviews, outcome assessments (i.e., questionnaires and behavioral approach tests) (Sept 2005-May 2007)
Academic worry study:
 Individual treatment sessions of behavioral therapy for pathological worry (i.e., worry exposure), administration of structured diagnostic interviews, outcome assessments (e.g., questionnaires, cortisol assays) (Mar 2005-Jun 2007)
Panic disorder treatment project:
 Primary facilitator and co-facilitator for cognitive behavioral treatment groups for panic disorder, administration of structured diagnostic

interviews, outcome assessments (i.e., CO₂ challenges, interviewer-administered and self-report assessments) (Aug 2003-Dec 2006)

Specific phobia treatment project:

Individual treatment sessions of exposure-based therapy for acrophobia, administration of structured diagnostic interviews and outcome assessments (i.e., self-report, physiological, and behavioral) (Jan 2004-Oct 2005)

Jul 2004-Aug 2004 *RCT Clinical Assessment Assistant*
 Medical University of South Carolina, Anxiety Disorders Program,
 Charleston, SC
 Director/Principal Investigator: Olga Brawman-Mintzer, M.D.
 Administration of diagnostic interviews (MINI) with intake interviews,
 Hamilton Anxiety Scale (HAM-A), diagnostic phone screenings

TEACHING AND CONSULTATION EXPERIENCE

Current Ongoing Teaching

2018-present Instructor/Clinical Trainer, Clinical Training and Didactic Seminar
 Lectures for Clinical Psychology Practicum Students, and psychiatry
 PGY3s and PGY4s
*UCLA STAND ALACRITY Center's STAND/Telemental Health Hub Semel
 Practicum (formerly Depression Grand Challenge, STAND Clinic and
 formerly Innovative Treatment Network), Los Angeles, CA*

2025-present Clinical Trainer to community clinicians on treating comorbid depression,
 anxiety, emotion dysregulation, and cannabis use disorder in gambling
 addiction
*UCLA Gambling Studies Program/California Gambling Education and
 Treatment Service Program (CalGETS)*

Instructor/Lecturer

2022-present Lecturer, UCLA PGY2 Psychiatry Residency Didactic Series
 Annual exposure therapy didactic lectures
UCLA Department of Psychiatry Resident Training Program

2018-2020 Instructor/Clinic Director, Didactic Seminar Series Lectures for PGY3 and
 PGY4s in VA Anxiety Disorders Clinic Rotation (weekly didactic
 lectures), and medical student clerkship trainees
*UCLA Department of Psychiatry Resident Training Program/West Los
 Angeles Veterans Health Administration, Los Angeles, CA*

2014-2015 Lecturer, Case Conference Series for PGY3 Residents

Department of Psychiatry and the Behavioral Sciences, University of Southern California, Los Angeles, CA

- | | |
|-----------------------------|--|
| 2013-2015 | Instructor, Work in Progress Research Seminar for PGY4 Residents
<i>Department of Psychiatry and the Behavioral Sciences, University of Southern California, Los Angeles, CA</i> |
| 2013-2015 | Instructor, Research Methods Course for PGY3 Psychiatry Residents
<i>Department of Psychiatry and the Behavioral Sciences, University of Southern California, Los Angeles, CA</i> |
| 2013-2015 | Lecturer, Cognitive Behavioral Therapy Didactic Series for PGY3 Psychiatry Residents
<i>Department of Psychiatry and the Behavioral Sciences, University of Southern California, Los Angeles, CA</i> |
| Summer 2013 | Responsible Conduct of Research: Ethics and Accountability in Biomedical Research
<i>Clinical Translational Science Institute, University of Southern California, Los Angeles, CA</i>
Faculty Mentor and Discussion Leader |
| Spring 2011 and Fall 2011 | Abnormal Psychology
<i>University of Southern California, Los Angeles, CA</i> |
| Fall 2010 | Research Methods (Lab section)
<i>University of Southern California, Los Angeles, CA</i> |
| Summers 2010-2012 | Abnormal Psychology
<i>University of California-Los Angeles</i> |
| Spring 2008 | Introduction to Psychology
<i>College of Charleston, Charleston, SC</i> |
| Teaching Assistant | |
| Fall 2003 and Summer 2004 | Introduction to Psychology
<i>University of Texas at Austin</i> |
| Spring 2004 and Spring 2005 | Introduction to Clinical Psychology
<i>University of Texas at Austin</i> |
| Fall 2004 | Abnormal Psychology
<i>University of Texas at Austin</i> |

Invited Talks, Seminars, and Workshops

Spring 2026	<i>California Gambling Education and Treatment Services (CalGETS) Clinician Training Program, Sacramento, CA</i> “Transtheoretical Model of Stages of Change and Motivational Interviewing” “Mindfulness-based Interventions for Gambling Use Disorder”
Spring 2025	<i>University of California, Los Angeles, Department of Psychiatry and Biobehavioral Sciences, Addiction Psychiatry Clinic</i> “Cognitive Behavioral Therapy for Substance Use Disorder: Overview of Concepts and Quick Application in the context of a medication management visit”
Spring 2025	<i>Greater Los Angeles Veterans Administration Mental Health Grand Rounds, Los Angeles, CA</i> “Integrating Treatment for Comorbid Anxiety and Substance use Disorders”
Spring 2024	<i>California Community Colleges Mental Health and Wellness Association’s Annual Virtual Conference</i> “Depression, Suicide and the STAND System of Care at East Los Angeles College” (co-presented with Dr. Michelle Craske)
Spring 2023	<i>East Los Angeles College, Los Angeles, CA</i> “STAND at East Los Angeles College”
Spring 2023	<i>Harbor-UCLA Department of Psychiatry Grand Rounds, Los Angeles, CA</i> “Screening, Tracking, and Treatment of Anxiety and Depression (STAND)”
Spring 2023, 2024, 2025,	<i>Charles Drew University and UCLA R25 Research Methods Series</i> “Clinical Trials for Comorbid Anxiety and Substance Use Disorders”
Spring 2023	<i>UCLA Addiction Psychiatry Clinic, Los Angeles, CA</i> “Using CBT to Facilitate Benzodiazepine Taper”
Spring 2023	<i>STAND ALACRITY Brown Bag Series, UCLA Depression Grand Challenge, Los Angeles, CA</i> “Comorbid Anxiety and Substance Use Disorders”
Spring 2023	<i>UCLA Semel Institute and Department of Psychiatry Grand Rounds, Los Angeles, CA</i> “Integrating Treatment for Comorbid Anxiety and Substance Use Disorders”
Spring 2023	<i>UCLA Department of Psychology, Anxiety and Depression Research Center, Los Angeles, CA</i>

	“Integrating Treatment for Comorbid Anxiety and Substance Use Disorders”
Fall 2022	<i>Health Services Association of California Community Colleges Statewide Conference, Los Angeles, CA</i> “Screening, tracking, and treating anxiety and depression in community colleges.”
Fall 2022	<i>LA Care Behavioral Health Conference, Los Angeles, CA</i> “Mental Health and Substance Use Disorder Integration”
Spring 2022	<i>Health – Future Addictions Scientist Training (HEALTH-FAST) R25 Seminar Series, University of Houston, Houston, TX</i> “Maladaptive Reactivity to Negative Affect as a Target for Cannabis Use Disorder”
Spring 2022	<i>West Los Angeles VA, Los Angeles, CA</i> “Treating Comorbid Anxiety Disorders and Substance Use Disorders”
Spring 2022, 2023, 2024, 2025	<i>UCLA PGY2 Psychiatry Residency Didactic Series</i> “How to Conduct Exposure Therapy”
Spring 2022	<i>UCLA Psychology and Psychiatry Continuing Medical Education Series</i> “Depression and Anxiety in Adolescents and Young Adults”
Winter 2022	<i>UCLA, Department of Psychiatry and Biobehavioral Sciences, Addiction Medicine Clinic</i> “Treating Comorbid Anxiety Disorders and Substance Use Disorders”
Fall 2021	<i>Laureate Institute for Brain Research, Psychology Internship Seminar Series, Tulsa, OK</i> “How to Conduct Exposure Therapy”
Fall 2021, 2022, 2024	<i>UCLA Anxiety Disorders Clinic, Department of Psychiatry, Resident Didactics</i> “CBT for PTSD”
Fall 2021	<i>Riverside University Health System – Behavioral Health</i> “Treating Comorbid Anxiety and Substance Use Disorders” (2-day clinician workshop)
Spring 2021	<i>UCLA Psychology and Psychiatry Continuing Medical Education Series</i> “Treating Comorbid Anxiety and Substance Use Disorders”
Winter 2020	<i>West Coast Symposium on Addiction, Keynote Symposium</i>

“Targeting Anxiety in Cannabis Use Disorder”

Spring 2020	<i>West Los Angeles VA, Psychology Intern Assessment Didactic</i> “Differential diagnosis of anxiety disorders”
Spring 2020	<i>Young Professionals Organization (YPO) Event for the UCLA Depression Grand Challenge</i> “Leading edge treatments for depression and anxiety”
Winter 2019	<i>UCLA Cannabis Research Initiative Grand Rounds</i> “Developing and evaluating treatments targeting negative affect in cannabis use disorder”
Fall 2019	<i>UCLA, Department of Psychiatry and Biobehavioral Sciences, Addiction Medicine Clinic</i> “Treating Comorbid Anxiety Disorders and Substance Use Disorders”
Fall 2019	<i>UCLA Integrated Substance Abuse Programs, International Program Seminar</i> “Treating anxiety and PTSD in Veteran Populations”
Fall 2019	<i>West Los Angeles VA Addiction Medicine Clinic</i> “Treating comorbid anxiety and substance use disorders”
Fall 2019	<i>UCLA Department of Psychiatry, Addiction T32 Translational Neuroscience Retreat DataBlitz</i> Treating anxiety and comorbid substance use disorders: Data from two treatment development grants
Spring 2019	<i>VA Department of Psychology, Internship Didactic Seminar</i> “How to Conduct Exposure Therapy”
Spring 2018	<i>VA Department of Psychology, Internship Didactic Seminar</i> “How to Conduct Exposure Therapy”
Spring 2018	<i>Jewish Federation Teen Wellness Conference, Los Angeles</i> “Identification and Intervention for Adolescent Anxiety and Depression in the UCLA Depression Grand Challenge”
Winter 2018	<i>UCLA, Medical Student Addiction and Psychiatry Interest Groups Seminar</i> “Anxiety and Substance Use Disorders”

Winter 2018	<i>UCLA, Department of Psychology, Anxiety and Depression Research Center</i> “Developing and Evaluating Treatments for Comorbid Anxiety and Substance Use Disorders”
Winter 2018	<i>UCLA, Department of Psychiatry and Biobehavioral Sciences, Integrated Substance Abuse Programs, T32 Program Seminar in Addiction Health Services</i> “Getting Federally Funded as an Early Career Investigator”
Fall 2017	<i>Kedren Community Mental Health, Los Angeles, CA</i> “CBT for Anxiety Disorders in Community Mental Health Clinics”
Fall 2017	<i>UCLA, Department of Psychiatry and Biobehavioral Sciences, Addiction Psychiatry Clinic</i> “Anxiety Disorders and Marijuana Use”
Fall 2017	<i>UCLA, SBIRT Conference</i> “Addiction and Suicide: Understanding risk, prevention, and intervention”
Spring 2017	<i>UCLA, Department of Psychiatry and Biobehavioral Sciences, OCD Program</i> “Anxiety Disorders and Marijuana Use”
Winter 2016	<i>13th Annual Statewide Conference Integrating Substance Use, Mental Health, and Primary Care</i> <i>Los Angeles, CA</i> “Integrating anxiety disorder treatment into substance use disorder specialty care.”
Spring 2016	<i>Ventura County Behavioral Health Conference</i> <i>Keynote Address</i> “Improving the Treatment of Anxiety Disorders”
Spring 2016	<i>Ventura County Behavioral Health Conference</i> <i>Workshop</i> “Pushing the Envelope in Exposure Therapy for Anxiety Disorders”
Spring 2016	<i>University of Copenhagen (Denmark), Department of Psychology</i> 2-day seminar: “Moderators of treatment for anxiety disorders”
Winter 2016	<i>University of California-Los Angeles, Department of Psychiatry and Biobehavioral Sciences, Integrated Substance Abuse Program Lecture Series</i> “Adaptation of Coordinated Anxiety Learning and Management for the treatment of comorbid anxiety and substance use disorders.”

Fall 2015, 2016, 2018, 2019, 2020	<i>University of California-Los Angeles, Department of Psychiatry and Biobehavioral Sciences, Addiction Psychiatry Clinic</i> “Treating comorbid anxiety and substance use disorders”
Fall 2015 and 2016	<i>University of Southern California, Department of Psychiatry and the Behavioral Sciences</i> CBT Didactic Lecture Series (multiple lectures on exposure therapy for anxiety disorders)
Spring 2014 and 2015	<i>University of Southern California, Department of Psychiatry and the Behavioral Sciences</i> Case Conference of a CBT Patient
Spring 2015	<i>University of Southern California, Department of Preventive Medicine</i> “Improving and increasing access to anxiety disorder treatment in patients with addiction”
Spring 2014	<i>Matrix Institute on Addictions, Los Angeles</i> “Understanding and treating co-occurring anxiety and substance use disorders”
Fall 2013	<i>University of Southern California, Department of Psychology</i> Health Psychology (undergraduate course) “Anxiety Disorders and Health”
Winter 2010	<i>University of California-Los Angeles, Department of Psychology</i> Fundamentals of Clinical Psychology (graduate course), “Anxiety disorders: Epidemiology, symptoms, associated features, and disorder-specific treatment approaches”
Fall 2008	<i>College of Charleston, Department of Psychology</i> Introduction to Psychology, “Neuroanatomy” <i>University of Texas at Austin, Department of Psychology, Undergraduate Courses</i>
Spring 2004/2005	Introduction to Clinical Psychology, “Child Clinical Psychology”
Summer 2004	Introduction to Psychology, “Memory”
Fall 2004	Abnormal Psychology, “Nature and Treatment of Anxiety Disorders”
Spring 2005/2006	Introduction to Clinical Psychology, “Personality Assessment”
Summer 2005/2006	
Spring 2005	Introduction to Clinical Psychology, “Rational Emotive Therapy”
Fall 2005	Introduction to Psychology, “Nature and Treatment of Anxiety and Mood Disorders”

Fall 2007	<i>University of Texas at Austin, Department of Psychology, Graduate Courses</i> Clinical Practicum II, “Treatment for Specific Phobia”
Spring 2006	<i>University of Texas at Austin, Department of Psychology</i> Psi Chi Undergraduate Psychology National Honors Society, “Graduate School”
Fall 2004/2005	<i>University of Texas at Austin, School of Social Work, Graduate Courses</i> Empirically Supported Treatment for Children, “Nature and Treatment of Anxiety Disorders”

Providing Clinical Training and Supervision

Jan 2023-present	<i>University of California-Los Angeles, CA</i> <i>Department of Psychiatry and Biobehavioral Sciences</i> Clinical supervisor for the Telemental Health Hub UCLA/DMH clinic providing STAND services for the UCLA STAND ALACRITY Center, Practicum Director
July 2020-June 2023	<i>University of California-Los Angeles, Los Angeles, CA</i> <i>Department of Psychiatry and Biobehavioral Sciences</i> Clinical supervisor for the Behavioral Health Services (SHIP) CBT outpatient psychiatry residency training rotation
Jan 2018-Jun 2020	<i>UCLA Integrated Substance Abuse Program’s Comorbid Anxiety and Substance Use Disorder Clinical Practicum</i> Director and Clinical Supervisor Supervise psychology doctoral students to deliver treatment as part of a NIDA-funded R34
Spr 2016-present	<i>University of California-Los Angeles, Los Angeles, CA</i> <i>Departments of Psychology and Psychiatry and Biobehavioral Sciences</i> Clinical supervisor for the UCLA Depression Grand Challenge Assessment training supervisor and Innovative Treatment Network CBT clinical supervisor for STAND program Director of Clinical Services (Spr 2018-present)
Jan 2018-June 2020	<i>Greater Los Angeles Veterans Administration</i> <i>Anxiety Disorders Clinic (Clinic Director and Clinical Supervisor/Trainer)</i> UCLA and WLA VA Psychiatry Resident Training Program Rotations and WLA VA Psychology Internship rotation Trained over 22 psychiatry residents on rotation Oversee medical clerkship rotations in clinic

- Fall 2015-Spr 2017 *University of California-Los Angeles, Los Angeles, CA*
Department of Psychology
Anxiety and Depression Research Center
 Assessment and training supervisor for a longitudinal R01 (BrainMAPD)
- Sum 2015-Sum 2016 *University of Southern California, Los Angeles, CA*
Department of Psychology
 External practicum supervisor: CBT for substance abuse and comorbid emotional disorders at Matrix Institute on Addictions, West Los Angeles, CA (supervisee: Justin Hummer, Ph.D. Candidate)
- Spr 2013-Sum 2015 *University of Southern California, Los Angeles, CA*
Department of Psychiatry and the Behavioral Sciences
 CBT supervisor to the 3rd and 4th year psychiatry residents
- Spr 2011-Fall 2012 *University of Southern California, Los Angeles, CA*
Department of Psychology
 Adjunct clinical supervisor (advanced graduate practicum)
- Aug 2009-Aug 2012 *University of California-Los Angeles, Department of Psychology*
 Assistant clinical supervisor for CBT supervision
 Anxiety Disorders Research Center and UCLA Psychology Clinic
- Aug 2009-Aug 2012 *University of California-Los Angeles, Department of Psychology*
 Clinical supervisor for Youth Emotion Project
 Anxiety Disorders Research Center
- Aug 2005-May 2007 *University of Texas at Austin, Department of Psychology*
 Consultation to 2nd year practicum students on CBT for anxiety disorders

Providing Research Mentorship

- July 2022-present *University of California, Los Angeles, Anxiety and Depression Research Center and Semel Institute for Neuroscience and Human Behavior*
 Mentor to postdoctoral fellows Alainna Wen (July 2022-present), Isabelle Lanser (July 2022-June 2023), and Francisco Reinosa Segovia (July 2023-present)
- Jan 2018-Dec 2018 *University of California, Los Angeles, Department of Psychiatry and Biobehavioral Sciences, Integrated Substance Abuse Programs*
 Mentor to ISAP International Visiting Scholar
- Fall 2016-Spr 2018 *University of California, Los Angeles, CA*
Department of Psychiatry and Biobehavioral Sciences, Integrated Substance Abuse Programs
 Mentor to T32 postdoctoral fellow

- Spring 2015-2018 *University of Copenhagen, Department of Psychology*
Co-mentor on dissertation
- Spring 2015 *University of Southern California, Los Angeles, CA*
Department of Psychiatry and the Behavioral Sciences
Anxiety and Associated Disorders Clinical Research Program
Research mentor
(three advisees)
- Spring 2015 *University of Southern California, Los Angeles, CA*
Keck School of Medicine Global Medicine Graduate Program
Research mentor
(two advisees)
- Fall 2013-Fall 2015 *University of Southern California, Los Angeles, CA*
Department of Psychiatry and the Behavioral Sciences
Research mentor to the 3rd and 4th year psychiatry residents
(five advisees)
- Spring 2010-2011 *University of California-Los Angeles, Department of Psychology*
Undergraduate honors thesis mentor
(one advisee)
- Aug 2003-May 2007 *University of Texas at Austin, Department of Psychology*
Research assistant training to conduct structured diagnostic interviews
- Jan 2004-Mar 2007 Research assistant training to conduct exposure treatment for specific
phobia, social phobia, and GAD
- Aug 2005-May 2006 Graduate student mentor for University of Texas Intellectual
Entrepreneurship Pre-Graduate Student Program

Consultation

- Aug 2023-June 2026 Consultant
Refinement and Pilot Testing of a Computerized Distress Tolerance
Intervention with Just-In-Time Text Message Reminders for Cannabis Use
Disorder
(NIDA) R34DA057733-01A1
PI: Macatee
- July 2022-Dec 2022 Recover, comorbidity treatment development consultant
Los Angeles, CA
- July 2021-present Laureate Brain Research Institute; COBRE Program
Tulsa, OK

- Nov 2020-Dec 2022 Radicle Science, anxiety disorder consultant
Los Angeles, CA
- Feb 2019-present DSM-5-TR Advisor
Advisory Board Member
- Jan 2018-June 2019 Consultant and Fidelity Trainer
Coordinated Anxiety Learning and Management for the Veteran's
Administration (VA)
Veterans Administration (multiple sites)
- Jan 2017-Jan 2018 Statistical Consultant
Reproductive Psychiatry eConsult Pilot for Perinatal Women
PI: Emily Dossett, M.D. (University of Southern California)
California HealthCare Foundation
- Nov 2016-June 2018 Collaborator: Training doulas to deliver CALM for anxiety and depression
in low-income pregnant women
PIs: Chris Dunkel-Schetter, Ph.D., Monica McLemore, Ph.D.
UCLA and UCSF collaboration in Preterm Birth Project
- Jan 2017-April 2017 Consultant: Peak Performance Training for Air Force Personnel
PIs: Raphael Rose, Ph.D. and Mitch Herian, Ph.D. (UCLA and University
of Nebraska)
McConnell Air Force Base
- Sept 2016-Sept 2017 Collaborator and workgroup member for PCORI-funded Tier 1 Pipeline to
Proposals Award
Identifying Patient-Centered Outcomes in Early Recovery from Addiction
Matrix Institute on Addiction
- June 2016-Sept 2020 Consultant: Clinical supervisor and adherence rater
PI: Robin Aupperle, Ph.D.
Approach-Avoidance Conflict - a multi-level predictor for exposure
therapy response
(NIMH) K23MH108707
Laureate Institute on Brain Research, Oklahoma
- Aug 2015-2016 Statistical Consultant
University of Southern California, Department of Psychiatry
- Nov 2011-2013 DSM-5 Advisor
Advisory Board Member
- June 2014-Aug 2015 Consultant: Assessment trainer and supervisor

PIs: Michelle Craske, Ph.D., Richard Zinbarg, Ph.D., Connie Hammen, Ph.D., and Robin Nusslock, Ph.D.
Symptom Dimension of Threat- and Reward-Related Neurocircuitry (NIMH) 5 R01 MH100117-02

- Aug 2011-July 2015 Consultant: Treatment certification/adherence rater
Supervisor: Dr. Michelle Craske
PI: David Barlow, Ph.D.
Efficacy Evaluation of a Unified Transdiagnostic Treatment for Anxiety Disorders
(NIMH) 1 R01 MH090053-01A1
- Aug 2010-July 2015 Consultant: Lead clinical trainer and consultant
PI: Kenneth Kobak, Ph.D.
Web-based therapist training on cognitive behavior therapy for anxiety disorders (Phases I and II)
(NIMH)
1R43MH086951-01 and 1R43MH086951-01
- Aug 2007-2014 Statistical consultant to University of Wyoming's Anxiety Disorders Research Laboratory and UCLA's Anxiety Disorders Research Center
- Jul 2005-Aug 2005 University of Washington, Harborview Medical Center, Seattle, WA
Supervisor: Amy Wagner, Ph.D.
Co-facilitator and consultant for inpatient cognitive behavioral group program

SERVICE

Journal Editorships and Editorial Board Membership Positions

Behavior Therapy

Editorial Board Member

Journal of Experimental Psychopathology

Associate Editor, Jan 2020-present

The Behavior Therapist

Editor-in-Chief, Dec 2016-Dec 2019

Behaviour Research and Therapy

Associate Editorial Board Member, 2015-2017

Editorial Board Member, 2018-present

Special Issue Guest Editor June 2025-present

Dissertation Committees

2025-present Tara Gluckel, School of Medicine, University of Sydney (Australia)
 2025-present Shiloh Cleveland, Department of Psychology, UCLA
 2020-2022 Kelly Correa, Department of Psychology, University of Illinois at Chigao
 2015 Cynthia Lancaster, Department of Psychology, University of Texas at Austin
 2015-2018 Sara Neilson, Department of Psychology, University of Copenhagen (Denmark)

Journal Reviewer

Jul 2004-present	<i>Depression and Anxiety</i>
Feb 2005-present	<i>Cognitive Behaviour Therapy</i>
Mar 2008-present	<i>Journal of Anxiety Disorders</i>
Nov 2008	<i>Social Science and Medicine</i>
May 2009-present	<i>Violence, Trauma, and Abuse</i>
Oct 2009	<i>Journal of Clinical Psychiatry</i>
Nov 2009-present	<i>Behaviour Research and Therapy</i>
Mar 2010	<i>Clinical Psychology Review</i>
May 2010-present	<i>Cognitive Therapy and Research</i>
June 2010-present	<i>Journal of Consulting and Clinical Psychology</i>
Nov 2010-present	<i>Journal of Psychiatric Research</i>
Feb 2011	<i>Journal of Violence</i>
Mar 2011	<i>Child Abuse and Neglect</i>
Apr 2011	<i>Journal of Experimental Psychology</i>
May 2011-present	<i>Behavior Therapy</i>
Dec 2012	<i>Australian Journal of Psychology</i>
Dec 2012	<i>Medical Practice and Reviews</i>
Feb 2013-present	<i>Behavior Modification</i>
Mar 2013	<i>Journal of Addiction Medicine</i>
Oct 2014	<i>JAMA Pediatrics</i>
Oct 2014	<i>Pediatrics</i>
Feb 2015-present	<i>Psychiatry Research</i>
Jan 2014-present	<i>Psychopathology and Behavioral Assessment</i>
Sept 2016-present	<i>Perspectives in Psychological Science</i>
Dec 2017	<i>Clinical Child and Family Psychology Review</i>
June 2019-present	<i>Journal of Obsessive Compulsive and Related Disorders</i>
July 2020	<i>Addictive Behaviors</i>
July 2020	<i>The American Journal of Drug and Alcohol Abuse</i>
Nov 2021-present	<i>Journal of Dual Diagnosis</i>

*“Present” indicates ongoing and frequent reviewing for this journal

Peer Review Book Reviews

Aug 2018-Aug 2019 Peer reviewer for a book manuscript for the American Psychological Association

Grant Review Study Section

Chair of Study Section

Mar 2022 National Institute on Drug Abuse Developing Digital Therapeutics for Substance Use Disorders (UG3/UH3 Clinical Trials Optional) ZDA1 JRB-A (16)

May 2023 HEAL Initiative: Therapeutics Development for Opioid Use Disorder in Patients with Co-occurring Mental Disorders (UG3/UH3) ZDA1 SKM-M (A1) R

Ad Hoc Member

July 2023 National Institute on Drug Abuse Developing Digital Therapeutics for Substance Use Disorders (UG3/UH3 Clinical Trials Optional). 10 ZDA1 JRB-M (O2)

May 2023 HEAL Initiative: Therapeutics Development for Opioid Use Disorder in Patients with Co-occurring Mental Disorders (UG3/UH3) ZDA1 SKM-M (A1) R; Study Section Chair

Oct 2022, Mar 2024
Mar 2025 National Institute of Mental Health Effectiveness of Mental Health Interventions (EMHI) Study Section

Mar 2022 National Institute on Drug Abuse Developing Digital Therapeutics for Substance Use Disorders (UG3/UH3 Clinical Trials Optional) ZDA1 JRB-A (16); Chair of Study Section

Nov-Dec 2021 National Institutes of Health Risk Prevention and Health Behavior IRG special panel ZRG1 RPHB-P (02) M

Nov-Dec 2021 Department of Veterans Affairs (VA), Neurobiology, Study Section ZRD1 NURA-J (01)

Aug-Nov 2020 Patient Centered Outcomes Research Institute (PCORI) Cycle 1 2020 Assessment of Prevention, Diagnosis and Treatment Options Panel (APDTO) review panel.

July 2020, Sept 2023 Center for Translational Research Institute (CTSI), UCLA internal review panel

Sept-Oct 2019 National Institute on Alcohol Abuse and Alcoholism (NIAAA) ZAA1 GG32, NIAAA Fellowship Review

Oct 2018; Feb 2021 National Institutes of Health (NIH) Interventions to Prevent and Treat Addictions (IPTA) study section grant reviewer (includes multiple institutes, including NIDA, NIAAA, and NCI)

Oct-Nov 2018	National Institute on Alcohol Abuse and Alcoholism (NIAAA) AA03 Special Emphasis Panel
--------------	--

Professional Committee and Board Membership

Sept 2023-2024	UCLA Academic Senate Council on Research – Faculty Grants Program Committee Member
----------------	--

Jan 2022-2024	UCLA Department of Psychiatry Faculty Search Committee Member for Anxiety Disorders Program Director
---------------	--

Jan 2022-2023	UCLA Adult Division of Psychiatry Outpatient Strategic Planning Committee
---------------	---

Jan 2022-Sept 2023	Wounded Warrior Project SUD Working Group Chair
--------------------	---

Jan-Mar 2022	Conference Program Committee, Association for Behavioral and Cognitive Therapies
--------------	--

Oct 2021-2024	Scientific Quality Committee, Coalition for the Advancement and Application of Psychological Science (CAAPS)
---------------	--

Oct 2021-2024	Scientific Impact Committee, Coalition for the Advancement and Application of Psychological Science (CAAPS)
---------------	---

Aug 2021-present	NIDA Clinical Trials Network Publication Committee
------------------	--

July 2021-2024	Coalition for the Advancement and Application of Psychological Science (CAAPS), Chair-Elect (3 year term of Chair-Elect, Chair, and Past Chair)
----------------	---

Aug 2021-present	NIDA Clinical Trials Network (CTN) Dissemination & Implementation, and Publications Committees (reviewer)
------------------	---

Aug 2020-present	Integrated Substance Abuse Programs Justice, Equity, Diversity, and Inclusion Committee (JEDI)
------------------	--

May 2020-2022	Women in Science and Doctors in Medicine (WiSDoM) working group member of Retention of Women in Academia
---------------	--

Jan-Mar 2020	Conference Program Committee, Association for Behavioral and Cognitive Therapies
--------------	--

Dec 2019-Feb 2020	Ad hoc review committee for UCLA internal faculty promotion
-------------------	---

May 2018-June 2021	Coalition for the Advancement and Application of Psychological Science (CAAPS), SSCP Representative
May 2018-present	Semel Institute Psychology Practicum Training Committee and UCLA Psychology/Semel liaison
May 2018	Student Poster Session Judge, Society for a Science of Clinical Psychology Poster Session at the annual conference for the Association for Psychological Science
Jan 2018-Dec 2019	Elected Member-at-Large, Society for a Science of Clinical Psychology (SSCP), Subdivision of Division 50, American Psychological Association
Aug 2017-Aug 2018	Advisory Board Member, UCLA Cannabis Research Initiative Cannabis Use Disorder Workgroup Chair
Aug 2017-present	UCLA Semel Institute Clinical Psychology Practicum Committee Member and liaison to UCLA Dept of Psychology Clinical Science Program
Sept-Oct 2014	Selection Committee Member, Outstanding Student Researcher Award, Society for a Science of Clinical Psychology (SSCP)
Dec 2013, Dec 2014	Conference Presentation Proposal Reviewer and Selection Committee, American Psychological Association Division 12
June 2012	Selection Committee, Research Poster Awards, Department of Psychiatry and the Behavioral Sciences, University of Southern California
Aug 2005-May 2007	Student Member, Clinical Area Research Event (CARE) Committee, Department of Psychology, University of Texas at Austin
Jan 2007-Mar 2007	Student Member, Clinical Area New Faculty Search Committee, Department of Psychology, University of Texas at Austin
Feb 2003-Jul 2003	Board Member, Southern Arizona AIDS Consortium

Other Professional Service

June 2021-present	UCLA Integrated Substance Abuse Programs (ISAP) Justice, Equity, Diversity, and Inclusion (JEDI) professional development mentor to ISAP staff from underserved minority backgrounds
July 2017-July 2018	UCLA Department of Psychiatry and Biobehavioral Sciences, in Collaboration with the Student Resilience Network and the Dashev International Student Affairs Office (service project) Development of a suicide prevention program for international students

Sept 2015 Podcast Interview for Matrix Institute on Addiction

July 2011-Nov 2011 Exam Question Writer, Examination for Professional Practice in Psychology (EPPP)

Community Service

Feb 2021, Feb 2022 Portola Middle School Highly Gifted Magnet Science Fair Judge
Jan 2023, Jan 2026

Feb 2025-present Hollywood Food Coalition volunteer

Sept 2024-present Leo Baeck Temple Board of Trustees

Sept 2022-June 2026 Youth Education and Action Team, Social Justice Committee
Leo Baeck Temple

June 2014-June 2017 Governing Board Member, Adat Ari El Early Childhood Center, Los Angeles, California